

*where we live*  
**HURST★TEXAS**

SUMMER 2016

Chisholm Aquatics Grand Opening

Summer Reading Club

PALS Camp



# where we live

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## City Staff

- Allan Weegar City Manager
- Allan Heindel Deputy City Manager
- Clay Caruthers Assistant City Manager
- Greg Dickens Executive Director of Public Works
- Rita Frick City Secretary
- Steve Moore Police Chief
- John Brown Fire Chief
- Matia Messemmer Executive Director of Human Resources
- Steve Bowden Executive Director of Economic Development
- Ashleigh Johnson Managing Director of Marketing and Communications



Photos shot by Stacy Luecker.



## On the Cover

When Avery Adams and her adorable sister, Camryn, walked through the doors at City Hall to claim Avery's Leap Day Birthday gift from the city, we knew we wanted the Hurst sisters on the cover of the magazine. The girls' parents, Amy and Gabe, grew up in Bedford and Euless and moved to Hurst in 2003. They decided to call Hurst home for the community and services, as well as the excellent schools that HEB is known for throughout the state. They told us they could not ask for a better neighborhood, and routinely throw quarterly block parties, which we love!

Both girls attend Hurst Hills Elementary and enjoy playing soccer (HUSA) and basketball with MCBBA. Camryn and Avery are also active in school, art club and choir. We met the girls on a chilly Spring afternoon for the aquatics shoot, making them the first residents to get a taste of the new Chisholm Aquatics Center. We got a thumbs up from both girls! For more on Chisholm, check out page 54.





## Mayor's Message

We're closing in on my favorite time of year, Summer! Summer is always fun in Hurst, but this year promises to be better than ever with the opening of our fully remodeled Chisholm Aquatics Center. Every feature is brand new, designed with you in mind and we can't wait for you to check it out. For all of the details on all of the fun, new features, see page 54. Swimming isn't the only thing we've got on tap for the season. We're ushering in the season with our Concert in the Park on April 29, and kicking off our summer reading club Memorial Day Weekend.

Aside from all of the fun programming, we're also working hard to keep you informed about how to best prepare for severe weather, mosquitos and water conservation. Of course we can't forget about our signature event, Hurst Stars and Stripes. We hope you'll join us on July 4 for the best fireworks display around. Check out page 62 for all of the details!

Like I mentioned earlier, we pack our summers full of fun, and I hope you'll join us at one of our many events this year. Thank you for allowing us to serve you and happy summer, Hurst!

- Mayor Richard Ward

## City Council

**Richard Ward** Mayor  
**Bill McLendon** Mayor Pro Tem  
**David Booe** Council Member  
**Larry Kitchens** Council Member  
**Anna Holzer** Council Member  
**Nancy Welton** Council Member  
**Henry Wilson** Council Member

## The Social Media Connection

### City of Hurst

**WEBSITE:** [www.HurstTX.gov](http://www.HurstTX.gov)  
**FACEBOOK:** [www.Facebook.com/CityofHurstTX](http://www.Facebook.com/CityofHurstTX)  
**TWITTER:** @TheCityofHurst  
**INSTAGRAM:** CityofHurstTX  
**PERISCOPE:** @TheCityofHurst  
**PINTEREST:** [www.Pinterest.com/CityofHurstTX](http://www.Pinterest.com/CityofHurstTX)

### Hurst Public Library

**WEBSITE:** [www.HurstTX.gov/Library](http://www.HurstTX.gov/Library)  
**FACEBOOK:** [www.Facebook.com/HurstPublicLibrary](http://www.Facebook.com/HurstPublicLibrary)  
**TWITTER:** @HurstLibrary  
**INSTAGRAM:** HurstPublicLibrary

### Hurst Police Department

**FACEBOOK:** [www.Facebook.com/CityofHurstPD](http://www.Facebook.com/CityofHurstPD)  
**TWITTER:** @HurstPoliceDept

### Hurst Conference Center

**WEBSITE:** [www.HurstCC.com](http://www.HurstCC.com)  
**FACEBOOK:** [www.Facebook.com/HurstCC](http://www.Facebook.com/HurstCC)  
**INSTAGRAM:** HurstConferenceCenter  
**PINTEREST:** [www.Pinterest.com/HurstCC](http://www.Pinterest.com/HurstCC)

### Hurst Recreation Center

**FACEBOOK:** [www.Facebook.com/HurstRecreation](http://www.Facebook.com/HurstRecreation)

### Hurst Fire Department

**TWITTER:** @HurstFireDept

### Other Websites

[www.TransformingHurst.com](http://www.TransformingHurst.com)  
[www.HurstED.com](http://www.HurstED.com)

# SUMMER

## Healthy ways to enjoy the season

Summertime can be one of the best times of year for making memories with your family and friends, travel and so much more. Here are some tips to help ensure that your summer is the best one yet!

**S**- Sunshine; get some regular exposure to the sun in a smart way each day. Sunshine is proven to boost vitamin D in the body, improve mood and promote a healthy immune system. Aim for at least 20-30 minutes of exposure each day! Get out before 10 am or after 6 pm if you have skin concerns to avoid the most intense sunlight.

**U**- Unique; summer is the perfect time to try some new things you have never done before or that might be unique to your family or friends. Have you thought about taking a drive to see how many historical markers you can find in a 20 mile radius of your home? Or visit a state park to see some of the nature around us. Try out a new ethnic restaurant each week in Hurst to give your taste buds a new adventure and so much more...

**M**- MOVE; pick a new way to get your body and mind going this summer. Even better, get your whole family in on the adventure by going for a bike ride to the park for a picnic, take everyone to visit the new water park features at Chisholm park, attend one of the fun musical performances at the Library or take a new fitness class at the Hurst Recreation Center.

**M**- Motivate; at the beginning of the summer, choose 1 goal per month to focus on to keep you motivated. For example: In June, I will hand water my flowers and weed each week. In July, I will swim 3 times per week for 30 minutes or more. In August, I will try 1 new fruit and vegetable 5 days per week.

**E**- Entertain; make a commitment as a family or with friends to entertain each other without the use of any electronics. Think of things like a progressive dinner party, family game night, star lookout, neighborhood block party or create your own ideas. You might want to attend Hurst's fantastic Stars & Stripes event for July 4!

**R**- Rest; take time to do less this summer. Say no to extra activities and spend time at home, read a book per week, wake up and take a walk to watch the sun rise in the stillness of the day, play with your kids, commit to have a least 2 days per month where you go nowhere and have no plans, make a gratitude chain where you think about and write down 1 thing you are thankful for each day. Enjoy just being!

Hurst works hard to offer activities and amenities to make your summer the very best. As always here in Hurst, you have lots of options for learning more about health and wellness. From working with a dietitian or personal trainer at the recreation or senior center, enjoying the outdoors at one of our many marvelous parks, getting some tasty recipes at the library or participating in educational and fun motivational programs, your possibilities are numerous!



# SUMMER POPS

## Avocado Ice Pops

### Ingredients:

- 1 cup water
- ½ cup sugar
- 2 small ripe avocados
- Pinch of salt
- 2 tablespoons freshly squeezed lime juice

### Directions:

Combine the water and sugar in a small saucepan and cook over medium-high heat, stirring, until the mixture comes to a boil and the sugar has dissolved. Let cool to room temperature.

Cut the avocados in half lengthwise. Remove the pit and scoop the flesh into a bowl, along with the cooled syrup and salt. Mash and stir until smooth. (You can also do this in a blender) Add the lime juice and stir until combined.

Divide the mixture among your popsicle molds, freeze until solid, about 5 hours.

## Greek Yogurt Pops with Berries

### Ingredients:

- Peel from 1 lemon
- ½ cup water
- ½ cup sugar
- 1½ cups plain unsweetened Greek-style yogurt (organic if you can)
- 2 tablespoons local honey
- 2 cups fresh blackberries, or the berry of your choice

### Directions:

Rinse the lemon, peel it. Combine the water and sugar in a small saucepan and cook over medium-high heat, stirring, until the mixture comes to a boil and the sugar has dissolved. Add the lemon peel, lower the heat, and simmer for 5 minutes. Let cool to room temperature. Strain the syrup through a fine-mesh sieve, then refrigerate until chilled.

Put the yogurt and honey in a bowl, add the chilled syrup and stir well. (You can also do this in a blender) Pour a bit of the yogurt mixture into each mold to a height of about ¾ inch. Freeze until the mixture begins to set, about 40 minutes.

Next divide the berries among the popsicle molds, then pour in the remaining yogurt mixture, dividing it evenly among the molds. Snap on the lid of the molds and freeze until solid, 3 to 4 hours.

Adapted from *Paletas*, by Fany Gerson

**Yield:** 4-6 servings

**Nutrition Facts:** 1 pop equals 112 cal, 6 g fat, 10 g carbs, 3 g fiber, 4 g protein



## Save the Date!

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### **National Night Out**

Tuesday, October 4  
5:30 - 8 p.m.

#### **Hurst Community Park - 601 Precinct Line Road**

Meet your neighborhood watch group captains while enjoying music and hot dogs

#### **Vivagene Copeland Park - 501 Pecan Drive**

6 Stones Ministry will be providing a bounce house and games for children



## **Fight the Bite – Environmental Division**

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The mosquito season is here and as in previous years the Tarrant County Health Department (TCHD) in cooperation with the City of Hurst and other surrounding cities are helping provide information, assistance and methods to monitor the West Nile Virus (WNV) as well as the latest threat of the Zika virus.

We would like to involve our citizens to help us and (TCHD). We are seeking volunteers throughout the City of Hurst that would allow staff to set mosquito traps within their property. Here is how you can be a volunteer:

- Call the Environmental Specialist at 817-788-7217. Provide your name, address and telephone number.
- The Environmental Specialist will then determine the best time to schedule trap placement and make arrangements with each volunteer accordingly.
- Traps are placed in the backyard between 2 p.m. and 4 p.m. during test season.
- Traps are retrieved between 7:30 a.m. and 11 a.m. the following morning. All mosquitos collected are then delivered to the TCHD for testing.

In an effort to "FIGHT THE BITE" and help stop the spread and breeding of potentially harmful mosquitos, the (TCHD) has provided Mosquito Dunks in limited supply that can be provided at no cost to our residents. Dunks are placed in standing water in backyards, drainage ditches, birdbaths and planters. Please contact the Environmental Specialist for more information. The Environmental Team is also willing to inspect your property to help you determine areas of risk.

We appreciate our citizens' participation and cooperation in helping to make our city a safer environment for everyone.

## PALS Camp

*Hurst Police Department promotes responsibility, teamwork*

Do you have a fourth or fifth grade student? Our Police Department hosts camps for students in grades four and five each summer, and applications are coming soon! Students must be a Hurst resident to attend. Camps are free and a lunch is provided. Due to space limitations, only the first 60 applicants will be accepted for PALS Camp, and the first 48 applicants will be accepted for Basketball Camp.

PALS Camp will be held at Central Park, 600 Mary Drive, the week of June 13 through June 17 from 9 a.m. to 2 p.m. each day. Basketball Camp will be held the week of July 11 from 9

a.m. to 3 p.m. each day. The Basketball Camp's location has not been determined at this time.

Camps are designed to promote responsibility and teamwork, with the ultimate goal being to bring a better understanding between the youth of Hurst and law enforcement. The camps have proven to be an enjoyable experience remembered by all campers who attended and creates a lasting impression that police officers are their friends. We hope your camper will join in the fun this summer! Please call 817-788-7342 for more information.



## We're on Nextdoor!

37 neighborhoods in Hurst are already using Nextdoor ([www.nextdoor.com](http://www.nextdoor.com)), the first private social network for neighborhoods, and now the City of Hurst has adopted the platform to communicate directly with residents. This new partnership will improve city-wide and neighbor-to-neighbor communications and help build stronger and safer communities across the city. You can access Nextdoor through the smart phone app or the website.

Our Nextdoor neighbors can get to know one another and exchange local advice and recommendations. Hurst residents will also be able to receive important notifications directly from the city.

Tens of thousands of neighbors across the country are already using Nextdoor to:

- Find trustworthy local resources, such as babysitters, plumbers and dentists

- Communicate with neighbors and the City about suspicious activity and safety concerns
- Organize neighborhood events, such as garage sales and block parties
- Get assistance in finding lost pets and missing packages
- Sell or give away items, like an old kitchen table or bike

Nextdoor was specifically designed to make neighbors feel comfortable sharing information with one another. All members must verify that they live within the neighborhood. Information shared on Nextdoor is password-protected and cannot be accessed by those outside the neighborhood or found on search engines.

Please join your neighbors and the city in building a stronger, safer Hurst today at [www.nextdoor.com](http://www.nextdoor.com).



## Senior Center



### Membership Information

Monday, Tuesday, Wednesday, Friday: 7:00AM–7:00PM // Thursday: 7:00AM–9:00PM

The Hurst Senior Citizens Activities Center is open to seniors only, ages 55 and over.

- Membership is required in order to use the Senior Center amenities or participate in activities and programs. (Occasionally, we will offer special programs that are open to the general public.)
- Membership begins the day you register and ends one year from that date. For example, if you register and pay for your membership on February 1, your membership will expire on January 31 of the following year.

Fees for the Senior Center are as follows:

- Hurst Residents – \$20 per membership year. (Equivalent of about \$1.67 per month.)
- Nonresidents – \$80 per membership year. (Equivalent of about \$6.67 per month.)
- These fees include many free classes, programs and activities at the Senior Center, as well as membership to our state-of-the-art fitness room.
- Some classes, programs and activities may require additional fees to cover the cost of supplies, refreshments and/or instructor fees.



## Lunch Program

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The Senior Center offers a weekly meal program called "A Quick Bite". On Tuesdays, for only \$5, you get a cup of the soup of the day, your choice of the entrée of the day or a sandwich with a bag of chips and a pickle. All lunches come with a dessert. Grab a friend and stop by the Senior Center for "A Quick Bite"!

The lunch program policies and details are as follows:

- You must register at the front desk for lunch and complete "A Quick Bite" menu selection slip. Payment is expected at the time of registration. Registration can be made any time prior to 10 a.m. on Tuesdays. Reservations will not be accepted after 10 a.m. No exceptions.
- The kitchen staff and volunteers cannot take payments. Please pay for lunch at the front counter and obtain a receipt. The receipt is only valid for the date lunch was purchased. No refunds or rain checks for lunches will be issued.
- Quantities may be limited and may sell out before 10 a.m.
- All meals are encouraged to be consumed on the premises. Taking food home from the meal site is done at your own risk. To-go boxes are not available.
- Due to health code policies, personal food items cannot be held in the kitchen refrigerators. Lunches will be available for pick-up on Tuesdays between noon and 1 p.m. Lunches not picked up by 1 p.m. must be discarded.



## Donor Board

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Did you know that you can give to the Senior Center Donation Fund? Donations are used to purchase non-budgeted items for the Senior Center. Donations are recognized through the Donor Board located on the east side wall of the building next to the staff offices. A plaque inscribed with your choice of inscription (space limited) will be placed on the board based on the following levels of donation:

- Bronze – \$250
- Silver – \$500
- Gold – \$1,000
- Platinum – \$2,000+

For more information or to make a donation, contact the Senior Center Director Linda Rea at 817-788-7710.

## Regular Programs, Classes, Groups and Activities

### "Need to Knows"

The *Senior Pipeline* is the Center's monthly newsletter and calendar. It is full of information on Senior Center programs and activities. The *Senior Pipeline* is not distributed by postal service. The next month's edition of the *Senior Pipeline* is available after 1 p.m. on the third Thursday of the current month. You are welcome to come by anytime during operating hours to get a copy. Most programs and activities do require registration/sign up. Sign ups begin on the first business day of each month at 8 a.m. and continue throughout the month. Some classes and programs fill up fast, so we encourage you to come in early to register for your preferred activities.

#### Arts & Crafts

- Glass Fusion
- Quilting
- Beading & Glass Jewelry
- Painting and Drawing
- Ceramics

#### Groups

- "The Happy Hatters of Hurst" Friendship Club
- Aircraft & Helicopter Science
- Travel
- Book Club
- Grief Support
- Knot-a-Lot

#### Computer Classes

- Beginning and Intermediate Users, General Overview
- Email
- File Management
- Internet
- Microsoft Word®
- Private Lessons (By Appt. \$5 for 30 minutes.)

#### Fitness Programs

- Zumba™ Gold
- Tai Chi & Yoga
- Fit Start Exercise
- Line Dance, Hawaiian Dance
- Personal Training
- DVD-led group exercise classes



### Business Health & Benefits Expo

The Senior Center hosted their annual Business, Health & Benefits Expo on March 31. Over 70 businesses and senior service providers were represented. This two hour event was filled with merchandise, exhibits, health education workshops, screenings and opportunities to meet local business and service providers.

*The Senior Center has many monthly activities. Dances are held on the second and fourth Thursday of every month at 7 p.m. Cost is \$5 at the door, and it's open to the public for ages 55-plus. There are two opportunities for playing FREE bingo each month. Potluck Bingo is always on the first Thursday of the month. Members are asked to bring a side dish or dessert to share. Bingo in the Afternoon is on the third Wednesday of the month and features great prizes and light refreshments. We offer Breakfast Club and Movies & Munchies once a month for only \$3 per person. Space is limited and the menu varies, so check the Senior Pipeline for details.*

The Senior Center hosts several open activities, and there are no fees or sign-up required. See the *Senior Pipeline* for day and time details so you can join in on the fun!

- Duplicate & Party Bridge
- Mah-jongg
- Nintendo Wii™ Games
- Dominoes, 42 & Chicken Foot
- Ping-pong
- Canasta
- Billiards

## Senior Center Upcoming Events & Classes

Here are just a FEW of our upcoming special events. (You must be a member to participate. Sign-up and fees may be applicable.)

### Women's Event: It's a Girl Thing!

Ladies, it's all about you today! Come enjoy shopping, a fashion show, a variety of mini buffet stations and more. Fashion show is facilitated by Taylor Marie's Mobile Fashions. Shopping booths, featuring items from the store Ten Thousand Villages, Avon, local jewelry designers and others, will be open 10:00 am–12:30 pm; mini buffet stations will open from 11:30am –12:15 pm; Fashion show will begin at 12:15 pm. Fashion show is FREE! You must purchase tickets for the mini buffet stations; 5 stations, \$1 per ticket/station. Buffet tickets may be purchased in advance. We kindly ask that you register if you plan to attend the fashion show.

10 a.m.-1 p.m. // 4/29

### Winstar Trip

It's time for our annual trip to Winstar! A chartered deluxe motor coach will pick you up and drop you off at the Senior Center. Senior Center membership is not required, so friends and family are welcome to join us. We should arrive at Winstar in plenty of time for you to enjoy the free Senior Breakfast at the Gran Via Buffet. Registration opens April 1 and will close April 29. You must sign up in advance. Please plan to arrive early for departure as the bus will leave promptly at 8:00 am. No refunds unless trip minimum is not met. **\$20/pp.**

8 a.m.-6 p.m. // 5/4

### AARP Driver's Safety Training

Expect to learn current rules of the road, defensive driving techniques and how to operate your vehicle more safely. Consult your agent for insurance discount availability upon course completion. AARP membership is not required. \$15 for AARP members and \$20 for non-members. Fees due at time of class, please have exact change or check, no credit cards. Bring your driver's license. Please note that class will be going through lunch and we offer "A Quick Bite" for \$5 per person. You must sign up for lunch separately. **Space limited.**

9 a.m.-2 p.m. // 5/17

### Spud & A Show

Get out of the house tonight and come enjoy a complimentary potato bar sponsored by Parkwood Retirement and a movie classic. Check the May edition of the Senior Pipeline for the movie title. Registration opens May 1, please sign up in advance. **FREE!**

5:30-8 p.m. // 5/19

### Matter of Balance

Award winning program designed to manage falls and increase activity levels. Learn practical strategies to reduce the fear of falling and increase your activity. Reduce fall risk factors by understanding your environment and how you can change it, and how to gain strength and balance through exercise. Minimum of 10 participants for class to make. Must commit to 8 weeks of classes. Sponsored by Tarrant County Public Health. Please sign up in advance. **FREE!**

10 a.m.-Noon // 5/24-7/12

### Men's Luncheon & Poker

Attention all men of the Senior Center! Join us for a fabulous BBQ lunch featuring brisket, baked beans, potato salad and a special dessert. Lunch is \$4. Please sign up in advance. Following lunch join in on some classic Dealer's Choice Poker. No charge for poker playing, but please register so we are sure to recruit enough dealers.

Noon-3 p.m. // 6/17

### Ice Cream Social

It's time again for your favorite summer event. A variety of area businesses will be here to tempt your taste buds with their flavor of creamy goodness. Be prepared to try your old favorites as well as test some unique new flavors. Be sure to sign up early! **FREE!** Look for FROZEN FRIDAY to begin July 1!

2-3 p.m. // 6/24

### Group Fitness

Join in a group fitness class for a fun and exciting way to get in your exercise. Working out with others is more motivating and can inspire you to push a little harder. Make new friends, try something new, get active and get involved! The Senior Center has certified instructors that are encouraging, easy to talk to and are eager to share tips and answer questions. See the Senior Pipeline for detailed descriptions of classes offered.

- Fit Start II
- Zumba Gold
- Tai Chi
- Strengthen on Your Mat
- Ageless Grace
- Hawaiian Dance
- Line Dance
- Yoga Therapy
- Hatha Yoga
- Chair Yoga
- Aquatics Classes





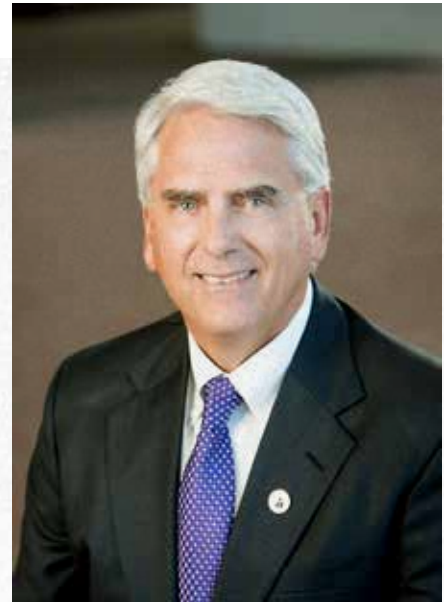
# A Letter

## from your City Manager

I would like to thank the City Council and the citizens of Hurst for the opportunity to serve you for over 35 years, with 19 years of service as City Manager. The many successes have been a joint effort, starting with the vision of the City Council, the support of our community and the execution of the work program with a dedicated staff. One thing I can say emphatically is that Hurst is the best city to work, play and raise a family. Our community is engaged and focused on making sure that we protect the future by investing in our facilities and infrastructure today.

Over the past 35 years, there have been many changes to the Hurst Community, with the most exciting being the Transforming Hurst Program. The transformation has connected the business community to our future vision. The public investment has generated many new private developments that are now, or will soon be, generating much needed revenue to fund our reinvestment activities and keep taxes low as we reach maximum build out. We have the best street, water and wastewater systems of any of our surrounding cities. None of this just happened; it was through the Vision of the City Council and commitment from Hurst citizens that we have become a City with an exceptional Quality of Life.

Even though I will be watching from the sidelines as Hurst moves into the future, I am confident that your new City Manager, Clay Caruthers, and your City Council will provide the guidance and leadership that will be necessary to continue our development successes.



Allan Weegar

## General Election May 7

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The City of Hurst will hold a General Election to elect persons to fill the offices of City Council Place 3 (Mayor), 4, 5 and 7.

The Saturday, May 7 Election Day Polling Place will be at the Hurst Public Library, 901 Precinct Line Road, Hurst, Texas, and will be open 7 a.m. - 7 p.m.

Early voting by personal appearance will begin on April 25, and will end on May 3. Hours designated for early voting by personal appearance:

April 25-29 // Monday-Friday // 8 a.m. - 5 p.m.

April 30 // Saturday // 7 a.m. - 7 p.m.

May 1 // Sunday // 11 a.m. - 4 p.m.

May 2-3 // Monday-Tuesday // 7 a.m. - 7 p.m.

**Main Early Voting Polling Place:** Tarrant County Elections Center, 2700 Premier Street, Fort Worth, Texas 76111.

**Early voting by personal appearance within the City of Hurst:**

- Hurst Recreation Center, 700 Mary Drive

For a list of all available early voting sites and additional voting information regarding the May 7 General Election, visit the Tarrant County Election website at [www.tarrantcounty.com/elections](http://www.tarrantcounty.com/elections) or contact the City Secretary's Office at 817-788-7043.

## City of Hurst Where We Live Mobile App

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The City of Hurst proudly launched a user friendly mobile app in February. Since that time, our new mobile citizen engagement app, Hurst Where We Live, has proven to be a great success! Response, from both citizens and staff, has been overwhelmingly positive.

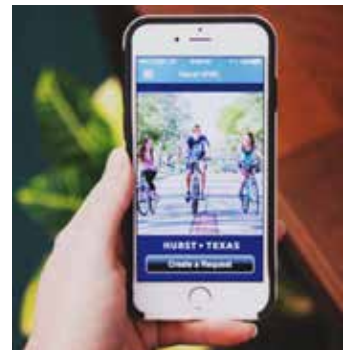
The mobile app enables citizens to report an issue with no more than six simple steps via their mobile device. Based on the type of request, the issue is then routed to the appropriate staff for resolution. Staff responds to citizens, engaging them in the process of resolving their issue, constantly keeping the citizen informed on the status of the request.

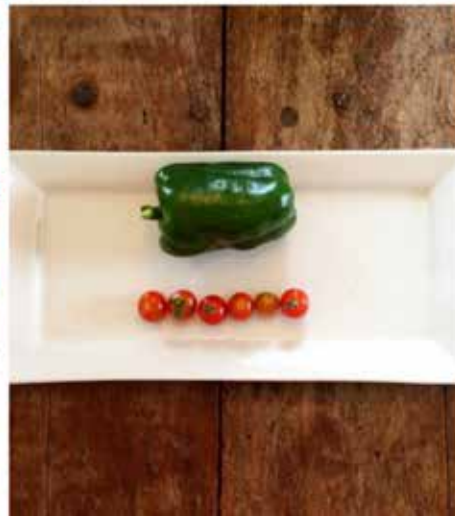
We've had more than 50 requests submitted utilizing HWWL since

its launch, with 85% of those being resolved in less than two days. Requests such as traffic signal outages, trash issues and animal issues have all been reported to us through the app. And, it has been downloaded more than 500 times!

Visit our website at [www.hursttx.gov/mobileapp](http://www.hursttx.gov/mobileapp) for more information about Hurst Where We Live.

Available for download in both the iTunes and Google Play stores.





## #Myhurstsummer

No matter where your summer adventures lead, we want to know! Share your summer with us using #myhurstsummer on Instagram for a chance to win some pretty cool prizes! Be sure to use the hash tag in all of your summer posts and they might be featured in our next summer magazine, too! We love seeing our residents enjoying their summers here in Hurst, and we especially love everyone sharing their pictures with us! Be on the lookout for posts throughout our social media outlets with details about our upcoming contests this summer. You won't want to miss out!



**Instagram:**

@cityofhursttx



# City of Hurst Park Projects

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## Chisholm Park Improvements

It's spring cleaning time at Chisholm Park! Chisholm Park, the City's premier park, was established in 1969. In order to maintain this 50 acre park as one of the City's best, several improvements are being done this spring. These improvements include adding a well to support the pond, dredging the pond, removal and replacement of the park bollards, landscaping enhancements, and resurfacing of the park road and parking lots. With the help of City contractors, these improvements are currently underway and the sprucing up will be completed in time for the Grand Opening of the new Chisholm Aquatics Center.

## Plainview Landscaping Project

In June 2013, the City of Hurst was awarded a grant under The Texas Department of Transportation (TxDOT) Green Ribbon Landscape Improvement Program which is designed to help mitigate the effects of air pollution by planting trees, plants and other landscaping on the state highway system for landscape improvements in the Plainview right-of-way along Hwy 183 from the Hurstview Drive bridge to Juliet Place. In conjunction with the grant project, the City developed a landscaping plan which would cover the remaining area along Plainview from Cimarron Trail to the Hurstview Drive Bridge. With the TxDOT grant funds, City funds, and additional funding from the North Tarrant Express, the area along 183 from Juliet Place to Cimarron Trail was given a park-like setting with plentiful landscaping, walking trails and seating areas.



## HAC Restroom

A new restroom is now available to those using the Youth Soccer Fields at the Hurst Athletic Complex. Previously, there was not a restroom facility close by for the younger players. This new 25' x 25' masonry building with a metal roof has a men's and women's restroom with stainless steel fixtures and an exterior water fountain. A sidewalk leading to the restroom from the parking lot and landscaping were also added.

## Water Conservation

# *Landscape irrigation key in fighting drought*

Despite the significant rain that our area has experienced this year, the majority of Texas continues to experience moderate drought conditions. Over the past decade, North Texas has experienced water shortages that have resulted in mandatory water restrictions that allow only two days a week outside irrigation.



State water planning boards have been studying the weather patterns and population growth in the region and have determined North Texas will not have enough water to sustain our current per person demands if other water sources are not available or if water conservation measures are not taken.

One of the recommendations to help offset the shortage is contin-

ued reduction in landscape irrigation. Studies have shown home owners can maintain a healthy lawn by irrigating no more than twice a week.

It is further recommended that native, drought tolerant plants and grasses be used.

This year, the City of Hurst has partnered with the Tarrant Regional Water District and W.I.S.E. Guys to provide our residential population a "FREE" Irrigation System Evaluation. In addition, the first 100 customers that register may also be eligible for the installation of a free wind and rain sensor. Registration for this program along with other important information about watering schedules, Drought Contingency Plans and helpful links can be found at [www.hursttx.gov/waterconservation](http://www.hursttx.gov/waterconservation).

## *Heritage Village Presents*

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Heritage Village Presents is a series of FREE events held at Heritage Village Park in the spring and fall. Heritage Village Park is located in Southwest Hurst at 841 W. Pipeline Road. The City of Hurst invites you to attend these fun, exciting events for Spring 2016.

For more information about the Heritage Village Presents events, contact the Hurst Public Library at 817-788-7300.

### Concert in the Park

This popular event is back at Heritage Village Park! Gather up the family, a picnic dinner and blanket or lawn chairs and take in the music of the Northeast Orchestra at Heritage Village Park. For more information, contact the Hurst Recreation Center at 817-788-7320.

7:00PM // F // 4/29

### The Summer Blast Off

Bring a lawn chair or blanket and a picnic dinner and your family and friends to celebrate the start of summer! The blast begins at 6:00 p.m. with free kids activities. Additionally, the City of Hurst will be providing free frozen treats. At 7:00 p.m., enjoy a concert by Live 80, a cover band that plays hits from the 80s. While you're taking in the music, check out the Library and Recreation booths for information on all the summer family activities they provide. For more information, contact the Hurst Public Library at 817-788-7300.

6:00PM // TH // 5/26

# Volunteers-In-Action

## *Volunteers recognized at annual banquet*

On April 13 the City of Hurst celebrated its volunteers at the Annual VIA Banquet. Thanks to the innovative thinking of the Hurst City Council, the VIA program was created in 1979 and since then, the VIA program has become the model for all other municipal volunteer programs and was the first municipal volunteer organization to be officially recognized by the State of Texas.



The theme of this year's banquet was "Mexican Fiesta". It featured a Mexican inspired lunch by the Hurst Conference Center chef and catering team and entertainment by the Ernesto's Mariachi Band. In addition to the celebration, the city council presented awards for 500 hours of volunteer service and every 500 hour increase of service thereafter. The awards presented included: key chains, pen sets, tote bags and gift certificates. Twenty-seven individual volunteers and 19 volunteer groups were recognized at this year's banquet, proving that the City of Hurst has the most dedicated volunteers around. While not everyone received an award, no one left empty handed. Special themed gift bags were given to each volunteer as a token of Hurst's appreciation for their hard work and commitment to the city.

The City of Hurst is always looking for new volunteers. If you are interested in joining the VIA program, please contact the Community Services Department at 817-788-7305. Volunteer applications can be picked up at the Community Services' offices in the Hurst Public Library or accessed online through the city's website at [www.hursttx.gov](http://www.hursttx.gov).



## *#GetCaughtHurst*

During the month of May, "Get Caught Reading" with the City of Hurst! Take a photo of yourself, your friends or family reading, and then post them on Instagram or Facebook. Tag them with #GetCaughtHurst, and you'll be entered to win one of our prizes. For more details, visit the City of Hurst and Hurst Public Library Facebook pages, and check out our own #GetCaughtHurst photos!



# Hurst Public Library

901 Precinct Line Road, Hurst, TX // 817-788-7300 // [www.HurstTX.gov/Library](http://www.HurstTX.gov/Library)



## Ongoing Adult Programs

### Brown Bag Book Club

Bring your lunch and join us at noon the first Thursday of every month for book discussions in the Reading Alcove. Check the library website, Facebook page or call to find out what we're reading!

Noon // 1st Thursday

### Trinity Writer's Workshop

A local writers group in the DFW metroplex. Meetings typically last about two hours, depending on the number of members reading that day.

7:00PM // T



### HEB Reads!

All Ages

Saturday, April 30  
10 a.m. - Noon

In a cooperative effort between the cities of Hurst, Euless, and Bedford and the Hurst-Euless-Bedford ISD a brand new program called HEB Reads! is being debuted this year. HEB Reads! is designed to promote summer reading within our entire community in a proven effective effort to combat Summer Slide. Because it is important that adults model the behavior expected of children, the **2016 HEB Reads! Community Challenge** encourages pleasure reading for all citizens of all ages!

This year, the first-annual community wide kickoff party will be in the Pennington Field Parking Lot in Bedford. The event will feature live music, games, bounce houses and other activities and a short keynote address by Silas "Uncle Si" Robertson from AMC's Duck Dynasty television series!

Learn more online at  
[www.hebisd.edu/heb-reads](http://www.hebisd.edu/heb-reads)

Monday, Wednesday, Friday, Saturday: 10:00AM-6:00PM // Tuesday, Thursday: 10:00AM-9:00PM



## Ongoing Children's Programs

### Babygarten

Babies, Birth to 18 Months, with Caregiver

Babygarten is an educational curriculum involving songs, rhymes and activities that help babies with language acquisition and preliteracy skills. Space is limited, so please register at 817-788-7302.

#### Wednesday Sessions

10:30-11:30AM // W // 6/15-7/20

#### Saturday Sessions

10:30-11:30AM // S // 6/11-7/16

### Chess Club

Elementary School Ages + // 4:00-5:00PM // M

### Story Time

3 - 6 Years // 10:45-11:15AM // T

### Toddler Time

1 - 3 Years // 10:00-10:30AM // M & TH



## Teen Zone

### Chess Club

Students of all ages through high school  
4:00-5:00PM // M

### Teen Night

6<sup>th</sup> - 12<sup>th</sup> Graders

Stop by the Teen Zone to catch a program especially designed for teens! Bring a friend.

#### Perot Museum Tech Truck

7:00-8:00PM // TH // 6/2

#### Pucker Up Impressions—Lip Reading

7:00-8:00PM // TH // 6/16

#### Anime Movie Night

7:00-8:00PM // TH // 7/7

#### Glow in the Dark Party

7:00-8:00PM // TH // 7/21

# Hurst Public Library



## Programs For All Ages

### End of Summer Sock Hop

For All Ages

Celebrate the end of summer reading with a party! Enjoy sno-cones and popcorn in your best 1950s attire and learn a few dance moves from the era between 6 to 7 p.m. You can then show off your dancing skills as Johnny D & the Doo Wopps rock out the room with a special performance starting at 7 p.m. Be there or be square, daddy-o!

6:00-8:00PM // TH // 7/28

### Moving Mondays

Kindergartners and Younger

**The Gingerbread Man** by Sandy ShROUT  
11:00AM // M // 6/13

**Puppet People** – Three puppet shows  
11:00AM // M // 6/27

**Tiaras to You** – bring out your royal side  
11:00AM // M // 7/11

**Puppet People** – Three more puppet shows  
11:00AM // M // 7/25

### Team Tuesdays

For All Ages

**HEB Reads Night**  
7:00PM // T // 6/7

**Lone Star Guide Dog Raisers** – Bryan Nelson High School Chapter  
7:00PM // T // 6/14

**Find the Hero in You** – an anti-bullying program by Margaret Clauder  
7:00PM // T // 6/21

**Puppet People** – Three puppet shows  
7:00PM // T // 6/28

**Family Game Night**  
7:00PM // T // 7/5

**Sumits Yoga Colleyville**  
7:00PM // T // 7/12

**Glass Aquatics Petting Zoo**  
7:00PM // T // 7/19

**Puppet People** – Three more puppet shows  
7:00PM // T // 7/26

### Winning Wednesdays

1st - 6th Graders

**David the Magic Guy**  
2:00PM // W // 6/8

**Dallas Zoo**  
2:00PM // W // 6/15

**Mr Willy**  
2:00PM // W // 6/22

**BEE Awesome** by Nancy's Hands  
2:00PM // W // 6/29

**Motivational Magic** by Brett Roberts  
2:00PM // W // 7/6

**Escape from Couch Potato Land** by the Pipdillys  
2:00PM // W // 7/13

**Snake Encounters**  
2:00PM // W // 7/20

**John O' Bryant, Magician**  
2:00PM // W // 7/27





## Tumbling Thursdays

For All Ages

### EVENING MasterWorks AT THE LIBRARY

For all ages and open to the public, the MasterWorks Music Series is funded by a grant from the City of Hurst Hotel/Motel Tax Fund in cooperation with Arts Council Northeast.

**Summer Activities Kick Off!** – featuring *Live 80* at Heritage Village Park

7:00PM // TH // 5/26

**Talkodelic** – Japanese Taiko Drummers

7:00PM // TH // 6/23

**Johnny D & the Doo Wopps**

7:00PM // TH // 7/28

**Blueprint**

7:00PM // TH // 8/25

## Exercise Your Mind. Read!

### Summer Reading Club 2016

All Ages

Registration begins April 30

Runs through July 31



Time to stretch and bend that imagination! Get it in shape with a summer of reading fun! All ages are encouraged to join the Hurst Summer Reading Club team and participate in the reading, the special programs, and the fun! Registration begins April 30. The Summer Activities Kick-Off at Heritage Village on May 26 featuring a concert by Live 80, an Iron Man Obstacle Course, free push-up pops and other activities! Reading for the club continues through July 31. Special summer programming for all ages begin the week of June 6.

Come to the Library to register or register online at [www.hursttx.gov/library](http://www.hursttx.gov/library).

## Fitness Fridays

For All Ages

### FAMILY MOVIE MATINEES

Join us on Fridays to beat the heat indoors and watch new release DVD movies on the big screen in the library program room. Free popcorn! Drinks available for purchase in the Friends Café or bring your own.

2:00PM // F // 6/10-7/29

For All Ages

### NOON MasterWorks

**Eddie Coker** – Children's singer/song writer

Noon // F // 6/10

**Gustafer Yellowgold** – Grammy Nominated Artist combines live music with animated film.

Noon // F // 7/8



# HURST RECREATION CENTER

Personal health and wellness affordable, attainable  
through Hurst Recreation Center programs

If your summer goal is to improve your personal health, wellness and fitness, the Hurst Recreation Center is the place for you. Our very affordable rates for both annual and daily passes will help you get on the right track to accomplish all of your goals!

**Come and enjoy our activities and programs:** 100's of classes, shoot some hoops with your friends, enjoy a game of racquetball, volleyball or pickleball, use the jogging/walking track to get some exercise, or work out in our state-of-the-art fitness center. Equipment for all activities is available for check out with your "Quality of Life" Rec Card at the front desk of the Recreation Center.

If fitness is your thing, there are many classes to help you reach all of your goals. You can also schedule a session with our personal trainer to formulate a custom-designed fitness plan, and our Fitness Center has all of the equipment you will need to complete your workouts. The Cardio Room is equipped with treadmills, elliptical crosstrainers, and lateral trainers, all of which have individual television screens that will allow you to watch your favorite TV show while you workout. You can also use your iPod to listen to your favorites or enjoy our new HDTVs while using not only our treadmills and ellipticals, but

our bikes, stairclimbers, rowing machines and seated cross-trainers as well. There is literally something for everyone! And any complete fitness program includes a strength training regimen. We have an extensive selection of machined weights and plate-loaded strength equipment, as well as dumbbells and flexibility equipment. For more information on any of our activities or classes, contact the Recreation Center 817-788-7325.

## Our Commitment to Quality

Your satisfaction is our goal... we strive to provide you with quality recreation programs, and we take pride in making your recreation experience an enjoyable one. Join us this season for recreational, educational and lifelong learning opportunities. If you are not completely satisfied with your recreational experience, please call us at 817-788-7325 to share your concerns and suggestions for improvement. Thank you for choosing Hurst Parks and Recreation.

**Classes begin the week of June 6** (unless otherwise indicated)



### Hours of Operation

Monday–Thursday // 6:30AM–10:00PM  
Friday // 6:30AM–6:00PM  
Saturday // 9:00AM–6:00PM  
Sunday // 1:00PM–6:00PM

### Contact Information

700 Mary Drive  
Hurst, TX 76053  
817-788-7325

### Recreation Center Fees

#### Hurst Residents

Daily Pass: **\$2**  
Youth Annual Pass (6-15 Years):  
**\$20 Per Year**  
Youth Fitness Annual Pass (12-15 Years):  
**\$50 Per Year**  
\* 12-13 Years must have adult supervision  
Adult Annual Pass (16-64 Years):  
**\$50 Per Year**  
Senior Annual Pass (65+ Years):  
**\$20 Per Year**  
Family Annual Pass:  
**\$125 Per Year**  
Replacement Card Fee: **\$5**

#### Non-Hurst Residents

Daily Pass: **\$10**  
Youth Annual Pass (6-15 Years):  
**\$80 Per Year**  
Youth Fitness Annual Pass (12-15 Years):  
**\$200 Per Year**  
\* 12-13 Years must have adult supervision  
Adult Annual Pass (16-64 Years):  
**\$200 Per Year**  
Senior Annual Pass (65+ Years):  
**\$80 Per Year**  
Replacement Card Fee: **\$5**

*Help Us Help You!*

**Please Enroll Early**

Help us keep your favorite classes around by enrolling early. There is a point when a class must be cancelled due to low enrollment. Help us prevent class cancellations by registering early!

## 3 Years and Younger Programs

### Awesome Twos

2 Years // Supply fee \$5

Let's get together and play! We will learn our shapes and colors, create crafts, and just have a blast playing and learning at the same time!

*Instructor: Dottie Nicholson*

#### SUMMER I

13090-A

9:00-9:45AM // M // 4WKS // 6/6 // \$15

### Claymates

2 - 3 Years // Supply fee \$10

Clay is a great tool for working on those fine motor skills while having fun! Your child will bring home projects made in class.

*Instructor: Dottie Nicholson*

#### SUMMER I

13125-A

9:00-9:30AM // W // 4WKS // 6/8 // \$14

#### SUMMER II

14125-A

9:00-9:30AM // W // 4WKS // 7/13 // \$14

### Colors and Shapes

2 Years // Supply fee \$5

Let's learn about all the colors and the shapes that surround us!

*Instructor: Dottie Nicholson*

#### SUMMER II

14400-A

9:00-9:45AM // M // 4WKS // 7/11 // \$15

### Crazy Daisy Summer Fun

18 - 24 Mos // Supply fee \$5

Let's have fun while developing our fine motor skills through fun craft projects! We will complete our craft projects by using scissors, pens, paints, and pencils.

*Instructor: Dottie Nicholson*

#### SUMMER I

13015-A

9:00-9:30AM // W // 4WKS // 6/8 // \$14

#### SUMMER II

14015-A

9:00-9:30AM // W // 4WKS // 7/13 // \$14

### Happy Feet

2 Years

Let's get those feet tapping and those bodies moving! We will have fun with music and movement while working on the development of our gross motor skills.

*Instructor: Dottie Nicholson*

#### SUMMER I

13095-A

9:00-9:30AM // F // 4WKS // 6/10 // \$14

#### SUMMER II

14095-A

9:00-9:30AM // F // 4WKS // 7/15 // \$14

### Little Painters

2 Years // Supply fee \$5

We'll create masterpieces using finger paints, stencils, sponges and even rocks!

*Instructor: Dottie Nicholson*

#### SUMMER I

13333-A

10:00-10:30AM // M // 4WKS // 6/6 // \$14

#### SUMMER II

14333-A

10:00-10:30AM // M // 4WKS // 7/11 // \$14

### Math Fun for Little Ones

2 - 3 Years // Supply fee \$5

Come create fun projects to help with number concepts. Let's learn your numbers and their value.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

#### SUMMER I

13123-A

9:30-10:00AM // T // 4WKS // 6/7 // \$14

#### SUMMER II

14123-A

9:30-10:00AM // T // 4WKS // 7/12 // \$14

## » Please Remember

With your child's best interest in mind, we ask that parents do not remain in the classroom after the class begins. Our instructors have found that their quality of instruction is effected by parental distractions and interruptions. Parents may sit in the lobby or lounge areas. Please do not sit in the hallway.



## 3 Years and Younger Programs

### Mom and Me Soccer

1 - 2 Years // Tennis Shoes Required

Time to not only play with your tot, but get some exercise as well! We will learn the basics of soccer and how to make a GOOOOOOAAAAALLLLL!

Instructor: Keely Castillo

#### SUMMER I

13700-A

9:00-9:30AM // F // 4WKS // 6/10 // \$14

#### SUMMER II

14700-A

9:00-9:30AM // F // 4WKS // 7/15 // \$14

### Music Maker – Summer Fun

18 - 24 Mos // Supply fee \$5

Music is a proven educator for children of all ages. Come learn how to march, dance, move, and groove. Music helps your fine and gross motor skills, direction and spatial concepts. We will make a new instrument each week to take home.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

#### SUMMER I

13000-A

9:30-10:00AM // W // 4WKS // 6/8 // \$14

#### SUMMER II

14000-A

9:30-10:00AM // W // 4WKS // 7/13 // \$14



#### GYMNASTICS

### Parent/Tot Tumbling

16 - 36 Mos // One Child Per Parent

A fun class for you and your child to build a growing relationship through the learning of basic motor skills, tumbling and coordination.

#### SUMMER I

Instructor: Tammy Slovensky

33040-A

9:30-10:00AM // T // 4WKS // 6/7 // \$14

33040-B

9:30-10:00AM // W // 4WKS // 6/8 // \$14

33040-C

9:30-10:00AM // TH // 4WKS // 6/9 // \$14

Instructor: Miranda Slovensky

33040-D

9:30-10:00AM // M // 4WKS // 6/6 // \$14

#### SUMMER II

Instructor: Tammy Slovensky

34040-A

9:30-10:00AM // T // 4WKS // 7/12 // \$14

34040-B

11:30AM-Noon // W // 4WKS // 7/13 // \$14

34040-C

9:30-10:00AM // TH // 4WKS // 7/14 // \$14

Instructor: Miranda Slovensky

34040-D

9:30-10:00AM // M // 4WKS // 7/11 // \$14

### »»» Please Remember

In order to provide the best learning environment, children ages 3 and up must be toilet-trained.

## 3 Years and Younger Programs



## Phonics Fun for Little Ones

2 - 3 Years // Supply fee \$5

Come learn your letters and sounds with fun projects. We will work together to learn our letters.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

### SUMMER I

13045-A

9:00-9:30AM // T // 4WKS // 6/7 // \$14

### SUMMER II

14045-A

9:00-9:30AM // T // 4WKS // 7/12 // \$14

## GYMNASTICS

### Tiny Tykes

2.5 - 3.5 Years

Here's a class that introduces your child to the basic motor skills for tumbling and acquaints tots with the gymnastics equipment.

### SUMMER I

*Instructor: Tammy Slovensky*

33030-A

10:00-10:30AM // T // 4WKS // 6/7 // \$14

33030-B

11:30AM-Noon // T // 4WKS // 6/7 // \$14

33030-C

10:00-10:30AM // W // 4WKS // 6/8 // \$14

33030-D

10:00-10:30AM // TH // 4WKS // 6/9 // \$14

*Instructor: Miranda Slovensky*

33030-E

10:00-10:30AM // M // 4WKS // 6/6 // \$14

### SUMMER II

*Instructor: Tammy Slovensky*

34030-A

10:00-10:30AM // T // 4WKS // 7/12 // \$14

34030-B

11:30AM-Noon // T // 4WKS // 7/12 // \$14

34030-C

10:00-10:30AM // W // 4WKS // 7/13 // \$14

34030-D

10:00-10:30AM // TH // 4WKS // 7/14 // \$14

*Instructor: Miranda Slovensky*

34030-E

10:00-10:30AM // M // 4WKS // 7/11 // \$14

## 3 Years and Older Programs

### All Sports

5 - 6 Years // Athletic shoes required

Let's get moving and get a taste of all the sports!

*Instructor: Andy Kralik*

#### SUMMER I

13500-A

9:00-9:30AM // W // 4WKS // 6/8 // \$14

#### SUMMER II

14500-A

9:00-9:30AM // W // 4WKS // 7/13 // \$14

### Bugs, Bugs, Bugs

3 - 6 Years // Supply fee \$5

Do you like watching those creepy critters in your backyard? We will learn all about insects and even conduct some live inspections of specimens.

*Instructor: Dottie Nicholson*

#### SUMMER I

13222-A

10:30-11:15AM // W // 4WKS // 6/8 // \$15

#### SUMMER II

14222-A

10:30-11:15AM // W // 4WKS // 7/13 // \$15

### Caped Crusaders

3 - 8 Years // Supply fee \$10

Your child will learn what it takes to become a super hero. We will learn through stories, crafts, wise words and actions to become the best hero they can become.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

#### SUMMER I

13075-A

10:00-10:45AM // W // 4WKS // 6/8 // \$15

#### SUMMER II

14075-A

10:00-10:45AM // W // 4WKS // 7/13 // \$15

### Cooking for Fun

3 - 6 Years // Supply fee \$10

Let's learn about different foods and how to prepare them for us to enjoy!

*Instructor: Dottie Nicholson*

#### SUMMER I

13250-A

10:45-11:30AM // F // 4WKS // 6/10 // \$15

#### SUMMER II

14250-A

10:45-11:30AM // F // 4WKS // 7/15 // \$15

### Claytime Fun

3 - 7 Years // Supply fee \$10

Does your pre-schooler need to work on those fine motor skills? Clay is a great tool for working on those skills while having fun.

*Instructor: Dottie Nicholson*

#### SUMMER I

13145-A

9:45-10:15AM // W // 4WKS // 6/8 // \$14

#### SUMMER II

14145-A

9:45-10:15AM // W // 4WKS // 7/13 // \$14



## 3 Years and Older Programs

## Creative Healthy Chef

3 - 5 Years // Supply fee \$10

Calling all pre-schoolers to the kitchen for some fun! Come learn how to create a healthy breakfast, lunch, and dinner.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

## SUMMER I

13170-A

11:15AM-Noon // M // 4WKS // 6/6 // \$15

## SUMMER II

14170-A

11:15AM-Noon // M // 4WKS // 7/11 // \$15

## Cutest Dinosaurs

3 - 6 Years // Supply fee \$5

You think you know your dinosaurs? Learn about new ones! These some of the cutest dinos to ever roam the earth, but you may not have heard of them.

*Instructor: Dottie Nicholson*

## SUMMER I

13699-A

11:30AM-12:15PM // M // 4WKS // 6/6 // \$15

Draw, Create & Paint:  
Ocean Animals

3 - 8 Years // Supply fee \$10

Create original works of art by drawing, painting and using our fine motor skills. We will create a masterpiece using water colors.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

## SUMMER I

13895-A

10:00-10:45AM // T // 4WKS // 6/7 // \$15

## SUMMER II

14895-A

10:00-10:45AM // T // 4WKS // 7/12 // \$15

## Fairy Fun

3 - 8 Years // Supply fee \$10

Do you love fairies? We will create a magic wand, tutu, headband, and jewelry while learning good manner skills. We will hae a special fairy adventure!

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

## SUMMER I

13110-A

11:30AM-12:15PM // W // 4WKS // 6/8 // \$15

## SUMMER II

14110-A

11:30AM-12:15PM // W // 4WKS // 7/13 // \$15

## Hot Wheelers

3 - 5 Years // Supply fee \$5

Vroom! Vroom! Calling all car enthusiasts for a fun time playing, crafting, stories, and games all about cars!

*Instructor: Dottie Nicholson*

## SUMMER I

13140-A

9:00-9:45AM // TH // 4WKS // 6/9 // \$15

## Kitchen Science

3 - 6 Years // Supply fee \$5

Did you know there are tons to learn about science while in the kitchen? Science is all around us and we'll explore science in the kitchen!

*Instructor: Dottie Nicholson*

## SUMMER II

14120-A

9:45-10:30AM // F // 4WKS // 7/15 // \$15

## Let's Paint

3 - 6 Years // Supply fee \$5

We'll create masterpieces using finger paints, stencils, sponges and even rocks!

*Instructor: Dottie Nicholson*

## SUMMER I

13115-A

10:00-10:30AM // TH // 4WKS // 6/9 // \$14

## SUMMER II

14115-A

10:00-10:30AM // TH // 4WKS // 7/14 // \$14



## 3 Years and Older Programs

### Little Tyke Basketball

4 - 6 Years // Athletic shoes required

Dribbling, passing, and shooting are all part of the basics of basketball. Let's give it a try!

*Instructor: Andy Kralik*

#### SUMMER I

13335-A

9:30-10:00AM // M // 4WKS // 6/6 // \$14

#### SUMMER II

14335-A

9:30-10:00AM // M // 4WKS // 7/11 // \$14

### Little Tyke Flag Football

4 - 6 Years // Athletic shoes required

Do you like watching football with your family? Come on out and learn the basics of flag football.

*Instructor: Andy Kralik*

#### SUMMER I

13190-A

9:30-10:00AM // W // 4WKS // 6/8 // \$14

#### SUMMER II

14190-A

9:30-10:00AM // W // 4WKS // 7/13 // \$14

## »»» Please Remember

In order to provide the best learning environment, children ages 3 and up must be toilet-trained.

### Little Tyke Soccer

3 - 6 Years // Athletic shoes required

GGG000AAALLL! You will get your feet running and learn the basics of the world's most popular sport.

*Instructor: Keely Castillo*

#### SUMMER I

13600-A : 2 - 3 Years

9:00-9:30AM // F // 4WKS // 6/10 // \$14

13600-B : 4 - 5 Years

10:00-10:30AM // F // 4WKS // 6/10 // \$14

13600-C : 3 - 5 Years

5:30-6:00PM // W // 4WKS // 6/8 // \$14

#### SUMMER II

14600-A : 2 - 3 Years

9:00-9:30AM // F // 4WKS // 7/15 // \$14

14600-B : 4 - 5 Years

10:00-10:30AM // F // 4WKS // 7/15 // \$14

14600-C : 3 - 5 Years

5:30-6:00PM // W // 4WKS // 7/13 // \$14

### Little Tyke T-Ball

4 - 6 Years // Athletic shoes required

Grab your glove and tennis shoes to give t-ball a go. We will work on the basics of t-ball.

*Instructor: Andy Kralik*

#### SUMMER I

13777-A

9:00-9:30AM // M // 4WKS // 6/6 // \$14

#### SUMMER II

14777-A

9:00-9:30AM // M // 4WKS // 7/11 // \$14

### Math Fun

3 - 5 Years // Supply fee \$5

Let's learn numbers the fun way! We will learn to add, subtract, and count. We will also use musical instruments to help us have fun while learning!

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

#### SUMMER I

13205-A

9:45-10:15AM // M // 4WKS // 6/6 // \$15

#### SUMMER II

14205-A

9:45-10:15AM // M // 4WKS // 7/11 // \$15

### Messy on Purpose

3 - 6 Years // Supply fee \$5

Do you like making a mess? Let's do it together! We will make a mess with homemade clay, shaving cream, and pudding, just to name a few.

*Instructor: Dottie Nicholson*

#### SUMMER I

13195-A

10:45-11:15AM // M // 4WKS // 6/6 // \$14

### My Little Princess

3 - 6 Years // Supply fee \$5

Calling all princess of the royal kingdom! We will learn while having fun dressing up, role playing, listening to music and creating crafts.

*Instructor: Dottie Nicholson*

#### SUMMER II

14111-A

11:30-12:15AM // W // 4WKS // 7/13 // \$15

## 3 Years and Older Programs

## Phonics Fun – Step 1

3 - 5 Years // Supply fee \$5

Come one, come all to the big sounds of letters. You will learn pre-reading skills through games and activities that teach phonics.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

## SUMMER I

13030-A

9:00-9:45AM // M // 4WKS // 6/6 // \$15

## SUMMER II

14030-A

9:00-9:45AM // M // 4WKS // 7/11 // \$15



## Phonics Fun – Step 2

3 - 5 Years // Supply fee \$5

Ready for some more phonics? Come take the next step of Phonics Fun and learn some more!

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

## SUMMER I

13035-A

10:15-11:00AM // M // 4WKS // 6/6 // \$15

## SUMMER II

14035-A

10:15-11:00AM // M // 4WKS // 7/11 // \$15

## Pre-School Athletics

4 - 7 Years // Tennis shoes required

Let's get moving this summer with Athletics! We will follow a typical PE format including individual skills as well as team interaction.

*Instructor: Tammy Slovensky*

## SUMMER I

13300-A

11:30AM-Noon // W // 4WKS // 6/8 // \$15

## SUMMER II

14300-A

11:30AM-Noon // W // 4WKS // 7/13 // \$15

## Quest for Camelot Knights

3 - 8 Years // Supply fee \$10

Calling all knights! Come learn to become a strong knight and create a character! We will fight the evil battles, create a sword, shield and other crafts. Our mission is to become a mighty knight for Camelot!

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

## SUMMER I

13448-A

10:45-11:30AM // W // 4WKS // 6/8 // \$15

## SUMMER II

14448-A

10:45-11:30AM // W // 4WKS // 7/13 // \$15

## Science Magic

3 - 6 Years // Supply fee \$5

Let's explore the magical side of science! We'll float water under a plate, pull the plastic out of glue, and more spring fun!

*Instructor: Dottie Nicholson*

## SUMMER I

13026-A

9:45-10:30AM // F // 4WKS // 6/10 // \$15

## Summertime Crafts

3 - 6 Years // Supply fee \$5

Ready to create cool projects? We'll create fun beach themed crafts!

*Instructor: Dottie Nicholson*

## SUMMER II

24335-A

10:45-11:15AM // M // 4WKS // 7/11 // \$14

## Super Heroes

3 - 4 Years // Supply fee \$10

Do you have super powers? We will learn what it takes to be a super hero. We will play together and learn through stories, crafts, and super hero challenges.

*Instructor: Dottie Nicholson*

## SUMMER I

13100-A

11:30AM-12:15PM // W // 4WKS // 6/8 // \$15

## 3 Years and Older Programs

### Tiny Dancer

3 - 4 Years // Ballet and tap shoes required

Your tiny dancer will learn tap, ballet and rhythmic movements.

Instructor: Sherri Longino

#### SUMMER I

13060-A

5:15-5:45PM // TH // 4WKS // 6/9 // \$14

13060-B

9:05-9:35AM // S // 4WKS // 6/11 // \$14

#### SUMMER II

14060-A

5:15-5:45PM // TH // 4WKS // 7/14 // \$14

14060-B

9:05-9:35AM // S // 4WKS // 7/16 // \$14

### Trains

3 - 5 Years // Supply fee \$5

All Aboard! Calling all conductors to climb aboard as we play trains! We will have all kinds of fun learning about trains through play time, stories, and crafts.

Instructor: Dottie Nicholson

#### SUMMER II

14444-A

9:00-9:45AM // TH // 4WKS // 7/14 // \$15

### GYMNASTICS

### Tumbling Tots I

3 - 4 Years

Your tot will strengthen motor skills and enhance their coordination while learning tumbling skills and the use of all gymnastics equipment.

#### SUMMER I

Instructor: Tammy Slovensky

33011-A

10:30-11:00AM // T // 4WKS // 6/7 // \$14

33011-B

10:30-11:00AM // W // 4WKS // 6/8 // \$14

33011-C

10:30-11:00AM // TH // 4WKS // 6/9 // \$14

33011-D

11:30AM-Noon // TH // 4WKS // 6/9 // \$14

Instructor: Miranda Slovensky

33011-E

10:30-11:00AM // M // 4WKS // 6/6 // \$14

Instructor: Hannah Benton

33011-F

5:00-5:30PM // T // 4WKS // 6/7 // \$14

33011-G

5:00-5:30PM // TH // 4WKS // 6/9 // \$14

#### SUMMER II

Instructor: Tammy Slovensky

34011-A

10:30-11:00AM // T // 4WKS // 7/12 // \$14

34011-B

10:30-11:00AM // W // 4WKS // 7/13 // \$14

34011-C

10:30-11:00AM // TH // 4WKS // 7/14 // \$14

34011-D

11:30AM-Noon // TH // 4WKS // 7/14 // \$14

Instructor: Miranda Slovensky

34011-E

10:30-11:00AM // M // 4WKS // 7/11 // \$14

Instructor: Hannah Benton

34011-F

5:00-5:30PM // T // 4WKS // 7/12 // \$14

34011-G

5:00-5:30PM // TH // 4WKS // 7/14 // \$14



## 3 Years and Older Programs

## GYMNASTICS

## Tumbling Tots II

4 - 6 Years

Your tumbler will learn more advanced movements while mastering the skills introduced in Level I.

## SUMMER I

Instructor: Tammy Slovensky

33022-A

11:00-11:30AM // T // 4WKS // 6/7 // \$14

33022-B

11:00-11:30AM // W // 4WKS // 6/8 // \$14

33022-C

11:00-11:30AM // TH // 4WKS // 6/9 // \$14

Instructor: Miranda Slovensky

33022-D

11:00-11:30AM // M // 4WKS // 6/6 // \$14

Instructor: Hannah Benton

33022-E

5:30-6:00PM // T // 4WKS // 6/7 // \$14

33022-F

5:30-6:00PM // TH // 4WKS // 6/9 // \$14

## SUMMER II

Instructor: Tammy Slovensky

34022-A

11:00-11:30AM // T // 4WKS // 7/12 // \$14

34022-B

11:00-11:30AM // W // 4WKS // 7/13 // \$14

34022-C

11:00-11:30AM // TH // 4WKS // 7/14 // \$14

Instructor: Miranda Slovensky

34022-D

11:00-11:30AM // M // 4WKS // 7/11 // \$14

Instructor: Hannah Benton

34022-E

5:30-6:00PM // T // 4WKS // 7/12 // \$14

34022-F

5:30-6:00PM // TH // 4WKS // 7/14 // \$14

## Ugliest Dinosaurs

3 - 6 Years // Supply fee \$5

Now that you've seen the cutest dinos, see which of the not-so-cute ones made the list!

Instructor: Dottie Nicholson

## SUMMER II

14699-A

11:30AM-12:15PM // M // 4WKS // 7/11 // \$15



## Yes I Can Fly – Space Fun

3 - 5 Years // Supply fee \$10

Come see how our world has changed through the space age. We will conduct experiments that relate to space. We will also learn about astronauts, space crafts, and the planets. We will explore space life and the physics of rockets!

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

## SUMMER I

13025-A

10:45-11:30AM // TH // 4WKS // 6/9 // \$15

## SUMMER II

14025-A

10:45-11:30AM // TH // 4WKS // 7/14 // \$15



## 3 Years and Older Programs

# One-Time Preschool Classes

## Fairy Princess Party

3 - 6 Years

This party is for Fairy Princess only! We'll play, create a craft, have a snack, and tell stories about Fairies. (Dress up clothes and wings will be provided.)

*Instructor: Dottie Nicholson*

SUMMER I

13111-A

11:00AM-Noon // TH // 1DAY // 6/9 // \$15

## Father's Day Crafts

3 - 6 Years

It's time to celebrate Dad! We'll create gifts for Dad just in time for Father's Day!

*Instructor: Dottie Nicholson*

SUMMER I

13555-A

11:00AM-Noon // TH // 1DAY // 6/16 // \$15

## Fourth of July T-Shirt

3 - 8 Years

Celebrate our nation's freedom with your custom made July 4th t-shirt!

*Instructor: Dottie Nicholson*

SUMMER I

23232-A

11:00AM-Noon // TH // 1DAY // 6/30 // \$15

## My Little Pony Party

3 - 6 Years

Come play with ponies! It's a party with games, crafts and snacks.

*Instructor: Dottie Nicholson*

SUMMER I

13330-A

11:00AM-Noon // TH // 1DAY // 6/23 // \$15

## Yo Ho Ho Pirates Party

3 - 6 Years

Arg! Calling all pirates! We'll play pirate games, and even walk the plank!

*Instructor: Dottie Nicholson*

SUMMER II

14047-A

11:00AM-Noon // TH // 1DAY // 7/14 // \$15

## Camps



## Summer Camps

### 3...2...1 Blast Off!

6 - 10 Years

It's a bird! It's a plane! No, it's everything from the earliest flying machine to the first rocket flight. Mad Science invites you to launch your knowledge of rockets. This is your chance to be a rocket scientist as you build your very own rocket.

*Instructor: Mad Science of Dallas & Fort Worth*

Summer I

23800-A

9:00AM-Noon // M-F // 1WK // 6/6-10 // \$154

23800-B

9:00AM-Noon // M-F // 1WK // 6/20-24 // \$154

### Earth, Space & Beyond

3 - 6 Years

Take a new look at the world around you during this exciting summer camp! Learn how to create codes so you can pass secret messages, protect the planet, understand how to eat like different animals and learn about space during this class.

*Instructor: Mad Science of Dallas & Fort Worth*

Summer I

23760-A

1:00-4:00PM // M-F // 1WK // 6/6-10 // \$154

23760-B

1:00-4:00PM // M-F // 1WK // 6/20-24 // \$154

### Forensic Lab

6 - 10 Years

Join in CSI style forensics in a hands-on look at crime scenes. Identify and collect evidence from fingerprints to trash! Recreate the scene of a crime using clues. Detect suspects using science in this investigation into the science of sleuthing.

*Instructor: Mad Science of Dallas & Fort Worth*

Summer I

23780-A

1:00-4:00PM // M-F // 1WK // 6/13-17 // \$154

Summer II

24780-A

1:00-4:00PM // M-F // 1WK // 7/18-22 // \$154

### Lego Camp - Jedi Engineering

5 - 7 Years

Young Jedi will explore worlds far, far away and engineering principles right in front of them. Defeat the Empire by designing and refining LEGO X-Wings, R2-units, and settlements on far-flung edges of the galaxy. Imagination and engineering combine to create motorized and architectural projects such as energy catapults, shield generators and defense turrets.

*Instructor: Play-Well TEKologies*

Summer II

24010-A: 5 - 7 Years

9:00AM-Noon // M-F // 1WK // 7/25-29 // \$167

24010-B: 7 - 12 Years

1:00-4:00PM // M-F // 1WK // 7/25-29 // \$167

## Camps

### Lego Camp - Super Hero Engineering

8 - 12 Years

Save the world with LEGO Super Heroes! Build the hideouts and vehicles of your favorite caped crusaders and learn what makes them not only Super Heroes, but Super Hero Engineers! An experienced Play-Well instructor guides young heroes as they design, build, and save a city where ingenuity and imagination can solve any conflict.

*Instructor: Play-Well TEKologies*

Summer II

24015-A: 5 - 7 Years

9:00AM-Noon // M-F // 1WK // 8/8-12 // \$167

24015-B: 7 - 12 Years

1:00-4:00PM // M-F // 1WK // 8/8-12 // \$167

### Ready for Kindergarten Camp

3 - 5 Years // Supply fee \$10

Are you starting Kindergarten in the fall or looking to try out our popular Kindergarten Prep Program? Here's your chance with our Ready for Kindergarten Camp! The camp will feature all of the components of the year-long program, but on a half day schedule with the goal to help each child develop a love of learning in a safe and caring environment. The children will be exposed to reading, writing, math, and science.

*Instructor: Anne Stokes (Experienced and Certified School Teacher - B.S. in Education in Elementary Education and a minor in Early Childhood Education and Reading.)*

Summer II

14040-A: 3 - 4 Years

9:00AM-Noon // M-TH // 4WKS // 7/11 // \$150

### Red Hot Robots

7 - 11 Years // Supply fee \$25 due first day

Join Mad Science in a red-hot robotic explorations! Discover the inner workings of robots by experimenting with circuits, gears, sensors, and power supplies. Learn about robot programming and the different tasks robots perform in our world. Experiment with sound sensing, line tracking, and solar powered robots. Become a robot engineer as you build your very own robot throughout the week! Over the course of the camp, they will build their very own working robot to take home!

*Instructor: Mad Science of Dallas & Fort Worth*

Summer II

24715-A

9:00AM-Noon // M-F // 1WK // 7/11-15 // \$154





## Camps

## Robot Mania

7 - 12 Years // Supply fee \$25 due 1st day

Discover robotics in our world today and how technology continues to affect our future! Discover robots of all kinds: sound-sensing, line-tracking, even soccer-playing! During camp, build your own working robot to keep!

*Instructor: Mad Science of Dallas & Fort Worth*

## Summer I

23730-A

9:00AM-Noon // M-F // 1WK // 6/13-17 // \$154

## Summer II

24730-A

9:00AM-Noon // M-F // 1WK // 7/18-22 // \$154

## Spy Academy

6 - 10 Years

Learn to spy- oh my! James Bond? MacGyver? Do you have what it takes to discover "who done it?" If so, this camp is for you! Explore secret communications, detective crime science, inner workings of our cells, and cool chemistry.

*Instructor: Mad Science of Dallas & Fort Worth*

## Summer II

24888-A

9:00AM-Noon // M-F // 1WK // 7/11-15 // \$154

## Summer Arts Camp

6 - 12 Years

The City of Hurst and the Arts Council of Northeast Tarrant County (ARTSNET) present Summer with the Arts for Ages 6 to 12! This unique program brings all the arts to you, featuring a different type of art each week. (Featured arts may be a fine art such as painting, acting, or event music.)

*Instructor: provided by ARTS Council Northeast*

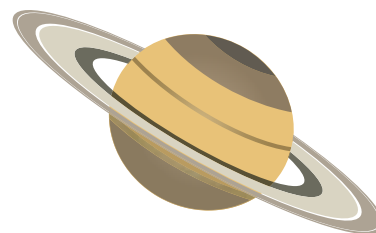
## Summer I

23600-A: 6 - 8 Years

9:00AM-Noon // M-F // 4WKS // 6/6 // \$55

23600-B: 9 - 12 Years

1:00-4:00PM // M-F // 4WKS // 6/6 // \$55



## Youth Programs

### Ballet & Tap I

5 - 8 Years // Ballet, Tap shoes required

You will learn tap, ballet, and rhythmic movements.

Instructor: Sherri Longino

#### SUMMER I

23120-A

6:15-6:45PM // TH // 4WKS // 6/9 // \$14

23120-B

9:40-10:10AM // S // 4WKS // 6/11 // \$14

#### SUMMER II

24120-A

6:15-6:45PM // TH // 4WKS // 7/14 // \$14

24120-B

9:40-10:10AM // S // 4WKS // 7/16 // \$14

### Ballet II

5 - 8 Years // Ballet slippers required. Must have completed 2 sessions of Ballet and Tap I)

Have you taken Ballet & Tap I and are ready to learn more? Here is your chance to take your skills to the next level, focusing on Ballet.

Instructor: Sherri Longino

#### SUMMER I

23125-A

10:15-10:45AM // S // 4WKS // 6/11 // \$14

#### SUMMER II

24125-A

10:15-10:45AM // S // 4WKS // 7/16 // \$14



### Baseball Fundamentals

7 - 10 Years // Athletic shoes and gloves required

Never played baseball, but want to give it a try? Or do you want to sharpen your current skills? We will learn basic ball handling, developing a proper batting stance and swing, base running, basic rules of the game, and more.

Instructor: Andy Kralik

#### SUMMER I

23410-A

10:30-11:00AM // M // 4WKS // 6/6 // \$14

#### SUMMER II

24410-A

10:30-11:00AM // M // 4WKS // 7/11 // \$14

### Basketball 101

7 - 12 Years // Athletic shoes required

Dribbling, passing, and shooting are all part of the basics of basketball. Let's give it a try!

#### SUMMER I

Instructor: Andy Kralik

23101-A

10:00-10:30AM // M // 4WKS // 6/6 // \$14

Instructor: Keely Castillo

23101-B

6:30-7:00PM // W // 4WKS // 6/8 // \$14

#### SUMMER II

Instructor: Andy Kralik

24101-A

10:00-10:30AM // M // 4WKS // 7/11 // \$14

Instructor: Keely Castillo

24101-B

6:30-7:00PM // W // 4WKS // 7/13 // \$14

## Youth Programs



## Candy Fun 101

5 - 12 Years // Supply fee \$15

Come learn to create fun different types of favorite old fashion candy recipes at home. We will make favorite mouth watering chocolate candies, old fashion vintage candy and more.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

## SUMMER I

23040-A

1:15-2:00PM // M // 4WKS // 6/6 // \$15

## SUMMER II

24040-A

1:15-2:00PM // M // 4WKS // 7/11 // \$15

## Chemistry Fun 101

5 - 12 Years // Supply fee \$5

We will use common household items to create chemical reactions.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

## SUMMER I

23811-A

9:45-10:30AM // TH // 4WKS // 6/9 // \$15

## SUMMER II

24811-A

9:45-10:30AM // TH // 4WKS // 7/14 // \$15

## GYMNASTICS

## Beginner Gymnastics!

5 - 10 Years

You will learn body control while performing the basic fundamentals of gymnastics and dance on the floor, beam, bars, and vault.

*Instructor: Hannah Benton*

## SUMMER I

33051-A

4:00-5:00PM // T // 4WKS // 6/7 // \$16

33051-B

6:00-7:00PM // T // 4WKS // 6/7 // \$16

33051-C

4:00-5:00PM // TH // 4WKS // 6/9 // \$16

33051-D

6:00-7:00PM // TH // 4WKS // 6/9 // \$16

## SUMMER II

34051-A

4:00-5:00PM // T // 4WKS // 7/12 // \$16

34051-B

6:00-7:00PM // T // 4WKS // 7/12 // \$16

34051-C

4:00-5:00PM // TH // 4WKS // 7/14 // \$16

34051-D

6:00-7:00PM // TH // 4WKS // 7/14 // \$16

## Ceramics

6 - 12 Years // Supply fee \$20

Learn about mold cast ceramics from start to finish. 3-4 pieces will be completed in this session.

*Instructor: Dottie Nicholson*

## SUMMER I

23720-A

3:45-4:45PM // T // 4WKS // 6/7 // \$15



## Youth Programs

### Cooking for Fun

7 - 12 Years // Supply fee \$10

Let's learn about different foods and how to prepare them for us to enjoy!

*Instructor: Dottie Nicholson*

#### SUMMER I

23250-A

11:45-12:30PM // F // 4WKS // 6/10 // \$15

#### SUMMER II

24250-A

11:45-12:30PM // F // 4WKS // 7/15 // \$15

### Creative Healthy Chef

5 - 12 Years // Supply fee \$10

Come learn how to create a healthy breakfast, lunch and dinner.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

#### SUMMER I

23060-A

12:15-1:00PM // M // 4WKS // 6/6 // \$15

#### SUMMER II

24060-A

12:15-1:00PM // M // 4WKS // 7/11 // \$15

### DIY Crafts

5 - 12 Years // Supply fee \$5

Do it yourself crafts from Pinterest. Create a fun craft every week!

*Instructor: Keely Castillo*

#### SUMMER I

23400-A

11:30AM-Noon // F // 4WKS // 6/10 // \$14

#### SUMMER II

24400-A

11:30AM-Noon // F // 4WKS // 7/15 // \$14



### Please Remember

With your child's best interest in mind, we ask that parents do not remain in the classroom after the class begins. Our instructors have found that their quality of instruction is effected by parental distractions and interruptions. Parents may sit in the lobby or lounge areas. Please do not sit in the hallway.



## Youth Programs

## Flag Football

7 - 12 Years // Athletic shoes required

Do you like watching football with your family?  
Come on out and learn the basics of flag football.

Instructor: Andy Kralik

## SUMMER I

23113-A

10:00-10:30AM // W // 4WKS // 6/8 // \$14

## SUMMER II

24113-A

10:00-10:30AM // W // 4WKS // 7/13 // \$14

## Girl's Volleyball Beginners Basics

7 - 12 Years // Athletic shoes required

Do you have an interest in playing volleyball? We  
will learn the basics to get you started.

Instructor: Keely Castillo

## SUMMER I

23035-A

7:00-7:30PM // W // 4WKS // 6/8 // \$14

23035-B

11:00-11:30AM // F // 4WKS // 6/10 // \$14

## SUMMER II

24035-A

7:00-7:30PM // W // 4WKS // 7/13 // \$14

24035-B

11:00-11:30AM // F // 4WKS // 7/15 // \$14

## Guitar Prep

5 - 8 Years // 1/2 size guitar and parent  
participation required

We will practice basic muscle memory, pitch and  
rhythm exercises laying the groundwork for good  
guitar technique. You will learn basic songs.

Instructor: Jan Ryberg

## SUMMER I

23020-A

3:45-4:30PM // M // 4WKS // 6/6 // \$35

## SUMMER II

24020-A

3:45-4:30PM // M // 4WKS // 7/11 // \$35

## Guitar for Youth

9 - 12 Years // Appropriate size guitar required  
and parents are welcome to participate

You will learn to play songs using a number tab  
system and be introduced to note reading and  
chords. We will practice technique exercises for  
both hands to develop independence, agility, and  
strength. *Electronic clip-on tuners are suggested.*

Instructor: Jan Ryberg

## SUMMER I

23020-B

4:30-5:15PM // M // 4WKS // 6/6 // \$35

## SUMMER II

24020-B

4:30-5:15PM // M // 4WKS // 7/11 // \$35

## Hippity-Hop Dance

5 - 8 Years

Interested in hip-hop dance? We will keep it fun  
and creative while learning basics.

## SUMMER I

Instructor: Sherri Longono

23333-A

5:45-6:15PM // TH // 4WKS // 6/9 // \$14

## SUMMER II

Instructor: Sherri Longono

24333-A

5:45-6:15PM // TH // 4WKS // 7/14 // \$14

## ITF - Tae Kwon Do

5+ Years

ITF-Tae Kwon Do is the only original and traditional  
Korean Tae Kwon Do in D/FW. You will increase  
your flexibility, physical fitness, self-defense, self-  
control, discipline, stress relief, self-esteem, and  
concentration.

Instructor: Jonathan Nguyen/Bart Powell (member  
of ITF-Unified and Grandmaster Van Binh)

## SUMMER I

(White &amp; Yellow Belts)

23700-A

6:00-7:00PM // TH // 4WKS // 6/9 // \$23

(Advanced Belts)

23700-B

7:00-8:00PM // TH // 4WKS // 6/9 // \$23

## SUMMER II

(White &amp; Yellow Belts)

24700-A

6:00-7:00PM // TH // 4WKS // 7/14 // \$23

(Advanced Belts)

23700-B

7:00-8:00PM // TH // 4WKS // 7/14 // \$23

## Youth Programs

### Junk Robotics

5 - 12 Years

Let's create hands on challenges and make arm designs, pneumatics, and 3 dimensional space.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

#### SUMMER I

*Instructor: Sherri Longono*

23145-A

1:15-2:00PM // T // 4WKS // 6/7 // \$15

#### SUMMER II

*Instructor: Sherri Longono*

24145-A

1:15-2:00PM // T // 4WKS // 7/12 // \$15

### Karate / Self-Defense

5 - 15 Years

Several forms of martial arts have been blended into a practical system of self-defense designed to combat various situations. You will learn how to handle situations both physically and mentally. Fees for belt testing and uniforms are paid to the instructor.

*Instructor: Bob Klavitter*

#### SUMMER I

23111-A : Beginner, 8 - 15 Years

6:00-8:00PM // M // 4WKS // 6/6 // \$20

23111-B : Beginner, 5 - 7 Years :

4:00-5:00PM // MW // 4WKS // 6/6 // \$20

23111-C : Advanced, 8 - 15 Years

5:00-6:00PM // MW // 4WKS // 6/6 // \$20

#### SUMMER II

24111-A : Beginner, 8 - 15 Years

6:00-8:00PM // M // 4WKS // 7/11 // \$20

24111-B : Beginner, 5 - 7 Years :

4:00-5:00PM // MW // 4WKS // 7/11 // \$20

24111-C : Advanced, 8 - 15 Years

5:00-6:00PM // MW // 4WKS // 7/11 // \$20

### Let's Read

5 - 12 Years

We will read out loud, then quietly, and answer questions!

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

#### SUMMER I

23070-A

11:15AM-Noon // W // 4WKS // 6/8 // \$15

#### SUMMER II

24070-A

11:15AM-Noon // W // 4WKS // 7/13 // \$15

### Medieval Drawing 101

5 - 12 Years // Supply list

Yes, you can draw! You will draw castles, knights, and even dragons using drawing pencils, colors and paper.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

#### SUMMER I

23005-A

11:15PM-Noon // TH // 4WKS // 6/9 // \$15

#### SUMMER II

24005-A

11:15PM-Noon // TH // 4WKS // 7/14 // \$15



## Youth Programs

## Olympic Sport of Judo

6 - 12 Years

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from an 11-time National medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. Judo involves throwing and grappling techniques. This is an on-going monthly class with new students starting on the first Monday of the month.

*Instructor: Kim Mesa (5th degree black belt and certified USA Judo International Coach)*

22900-C : May

6:00-7:00PM // MW // 4WKS // 5/2 // \$40

23900-A : June

6:00-7:00PM // MW // 4WKS // 6/6 // \$40

23900-B : July

6:00-7:00PM // MW // 4WKS // 7/4 // \$40

23900-C : August

6:00-7:00PM // MW // 4WKS // 8/1 // \$40

## Salt Dough: Animal Creatures

3 - 8 Years // Supply fee \$8

Using salt dough, we will create creatures from land and sea!

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

SUMMER I

23065-A

11:00-11:30AM // T // 4WKS // 6/7 // \$14

SUMMER II

24065-A

11:00-11:30AM // T // 4WKS // 7/12 // \$14

## Sewing Club

7 - 12 Years // Supply fee \$20

We will learn basic sewing techniques by hand and by machine. We will also learn how to sew by using a pattern.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

SUMMER I

23420-A

1:00-2:00PM // T // 4WKS // 6/7 // \$15

SUMMER II

24420-A

1:00-2:00PM // T // 4WKS // 7/12 // \$15

## Sewing Club I &amp; II

7 - 12 Years // Supply fee \$20

We will learn basic sewing techniques by hand and by machines. We will also learn how to select and sew by using a pattern. This class is for beginners and advanced students.

*Instructor: Dottie Nicholson*

SUMMER I:

23430-A

2:15-3:15PM // T // 4WKS // 6/7 // \$16

SUMMER II

24430-A

2:15-3:15PM // T // 4WKS // 7/12 // \$16

## Soccer Skills

7 - 12 Years // Athletic shoes required

Are you looking to improve your soccer skills? Grab your athletic shoes and ball, and let's get started! We will go over your basic skills and begin working on more advanced skills.

*Instructor: Keely Castillo*

SUMMER I:

23500-A

6:00-6:30PM // W // 4WKS // 6/8 // \$14

SUMMER II

24500-A

6:00-6:30PM // W // 4WKS // 7/13 // \$14

## Spa Fun

4 - 12 Years // Supply fee \$10

Come learn how to create your own home spa. We will make homemade spa recipes to create your own spa.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

SUMMER I

23130-A

11:30-12:15PM // T // 4WKS // 6/7 // \$15

SUMMER II

24130-A

11:30-12:15PM // T // 4WKS // 7/12 // \$15



## Youth Programs



### Tap II

5 - 8 Years // Tap shoes required. Must have completed 2 sessions of Ballet and Tap I.

Have you taken Ballet & Tap I and are ready to learn more? Here is your chance to take your skills to the next level, focusing on Tap.

*Instructor: Sherri Longino*

**SUMMER I**  
23165-A  
10:50-11:20AM // S // 4WKS // 6/11 // \$14

**SUMMER II**  
24165-A  
10:50-11:20AM // S // 4WKS // 7/16 // \$14

### Things that Fly

5 - 12 Years // Supply fee \$10

The sky is no longer the limit. Learn science by creating flying projects. We will use physics and chemistry to create projects that fly.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

**SUMMER I**  
23955-A  
12:30-1:15PM // T // 4WKS // 6/7 // \$15

**SUMMER II**  
24955-A  
12:30-1:15PM // T // 4WKS // 7/12 // \$15

### Water Coloring Ocean Animals

5 - 12 Years // Supply fee \$10

Calling all kids! Come explore your creative side by creating your very own watercolors. You will learn about color combinations and different applications.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

**SUMMER I**  
23090-A  
10:30-11:15AM // TH // 4WKS // 6/9 // \$15

**SUMMER II**  
24090-A  
10:30-11:15AM // TH // 4WKS // 7/14 // \$15

## Mini Session Youth Classes

### Candle Making

7 - 12 Years // Price includes supply fee

We will make our very own candles! Bring a bag or box each week to take your finished items home. Parents please note that we will be using hot wax to make the candles. Price includes supply fee.

*Instructor: Dottie Nicholson*

**SUMMER II**  
24850-A  
11:00AM-Noon // TH // 2WKS // 7/21 // \$25

### Fourth of July T-Shirt

4 - 8 Years // Supply fee \$5

Celebrate our nation's freedom with your custom made July 4th t-shirt!

*Instructor: Dottie Nicholson*

**SUMMER I**  
23232-A  
11:00AM-Noon // TH // 1DAY // 6/30 // \$15

### Yes, I Can Draw! Ocean Animals

5 - 12 Years // Supply list

Yes, you can draw! You will learn how to draw using drawing pencils, colors, and paper.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

**SUMMER I**  
23118-A  
12:45-1:30PM // W // 4WKS // 6/8 // \$15

**SUMMER II**  
24118-A  
12:45-1:30PM // W // 4WKS // 7/13 // \$15

### Summertime Crafts

5 - 9 Years // Supply fee \$12

Make a summer tote, T-shirt and summer jewelry.

*Instructor: Dottie Nicholson*

**SUMMER II**  
24425-A  
3:45-4:45PM // T // 2WKS // 7/12 // \$15

### Manners

4 - 8 Years // Supply fee \$5

Learn about everyday manners such as playground, party and phone manners. On the last class we will have a snack when learning table manners!

*Instructor: Dottie Nicholson*

**SUMMER II**  
24000-A  
3:45-4:45PM // T // 2WKS // 7/26 // \$15



## Adult Programs



## Belly Dance – Step 1 I.T.S. Foundations

### Adults and Teens 13+

Whether you have been dancing all your life and taken other belly dance classes, or are just starting out in dance, this class is for you! In this class you will learn the basics of Improv Tribal Style belly dance (ITS) with an introduction to the fundamentals of tribal movement, partner work, isolations, strength-building and drills for muscle memory. Geared toward the new student, but vital to continuing students for refinement, this class establishes a strong foundation for every dancer and is instrumental in familiarizing students specifically with the Tribal Evolution troupe format. This is a low-impact dance class suitable for all body types and ages.

*Instructor: Tiffany Skalberg*

#### SUMMER I

43200-A

7:00-8:00PM // T // 4WKS // 6/7 // \$28

#### SUMMER II

44200-A

7:00-8:00PM // T // 4WKS // 7/12 // \$28

## Belly Dance – Step 2 More I.T.S.

### Adults and Teens 13+

Take your newfound belly dance skills and challenge yourself at this next step in your dance explorations. In this class the emphasis is on refinement. We will cover more complex drills and improv combinations, building on what you have learned in the Foundations class. We will use live music for this class, affording you the opportunity to also learn to use percussion instruments (in the form of zills) to dance. *This class is best used in combination with Step 1 ITS Foundations as there is no breakdown of the foundation steps. Please complete at least one session of Step 1 before registering for Step 2.*

*Instructor: Tiffany Skalberg*

#### SUMMER I

43224-A

8:00-9:00PM // T // 4WKS // 6/7 // \$28

#### SUMMER II

44224-A

8:00-9:00PM // T // 4WKS // 7/12 // \$28

## Belly Dance – Step 3 Take It to the Stage

### Adults and Teens 13+

Now that you have perfected your dance skills in Step 1 and Step 2, you are ready to create a performance. This class will focus on taking your ITS vocabulary and making it show-worthy by adding props, staging, and interaction with a band. You will also learn to use props such as the veil, skirt, sword, and zills. *Please complete at least one session of Step 1 and 2 before registering for Step 3.*

*Instructor: Tiffany Skalberg*

#### SUMMER I

43222-A

9:00-9:45PM // T // 4WKS // 6/7 // \$20

#### SUMMER II

44222-A

9:00-9:45PM // T // 4WKS // 7/12 // \$20

## Adult Programs



### Belly Dance - Tribal Evolution

This class covers the unique Improv Tribal Style of Tribal Evolution Belly Dance Company. This class is a professional performance-level class that will teach you to include props, musical interpretation, musician interaction, staging, and show layout. *Instructor approval required.*

*Instructor: Tiffany Skalberg*

#### SUMMER I 43226-A

7:30-9:00PM // TH // 4WKS // 6/9 // \$23

#### SUMMER II 44226-A

7:30-9:00PM // TH // 4WKS // 7/14 // \$23

### Boot Camp

#### 12+ Years

Today's the day to achieve the goal you have been putting off. Come early and then have your whole day to be proud of what you accomplished that morning. Boot camp is for everyone. You will get help getting past those plateaus, achieve your goals and get to be a fitter YOU! Come tone and tighten with a variety of workouts including core strength, stability ball, weights, steps, circuits, interval training, and much more. Decide today that YOU ARE WORTH IT!

*Instructor: Behka Hartmann (Certified Fitness Instructor)*

42420-B : May  
6:35-7:30AM // MW // 4WKS // 5/2 // \$25

43420-A : June  
6:35-7:30AM // TTH // 4WKS // 6/2 // \$25

43420-B : July  
6:35-7:30AM // TTH // 4WKS // 7/5 // \$25

43420-C : August  
6:35-7:30AM // MW // 4WKS // 8/1 // \$25

### Brush and Palette

#### Supply List

Express your talent through the art of oil painting! Basic strokes, color mixing and application will be covered.

*Instructor: Elaine Roosz*

#### SUMMER I 43110-A

6:30-9:00PM // T // 4WKS // 6/7 // \$25

#### SUMMER II 44110-A

6:30-9:00PM // T // 4WKS // 7/12 // \$25

## Adult Programs

### Cardio & Tone Boot Camp

Ages 16+

Are you struggling finding the time to fit in your cardio and strength/toning goals? Join this boot camp/circuit class to improve your cardiovascular health and muscle tone.

*Instructor: Angela Pond (Certified Personal Trainer)*

SUMMER I

43005-A

6:45-7:25PM // TH // 4WKS // 6/9 // \$17

SUMMER II

44005-A

6:45-7:25PM // TH // 4WKS // 7/14 // \$17



### Cycle Circuit

Ages 16+ // Bring Water, Towel & Determination!

Want to crank up your workout, metabolism and energy? Come join us for a blend of cycle and circuit training, perfect for fitness at any level.

*Instructor: Angela Pond (Certified Personal Trainer)*

SUMMER I

43300-A

5:45-6:45PM // T // 4WKS // 6/7 // \$18

SUMMER II

44300-A

5:45-6:45PM // T // 4WKS // 7/12 // \$18

### Energize Exercise

Do you like to exercise in the morning and feel energized all day? Then this is the class for you. You will exercise at your own level of endurance. The class puts emphasis on your arms, abdomen and legs.

*Instructor: Karen Cowley*

SUMMER I

43010-A

8:30-9:15AM // MTThF // 4WKS // 6/6 // \$15

SUMMER II

44010-A

8:30-9:15AM // MTThF // 4WKS // 7/11 // \$15

### Flow and Strength

Come challenge yourself to grow in flexibility, strength, and calmness using yoga and pilates influenced movement to improve your health.

*Instructor: Esther White (MS, RD, LD)*

SUMMER I

43060-A

12:10-12:50PM // MW // 4WKS // 6/6 // \$18

SUMMER II

44060-A

12:10-12:50PM // MW // 4WKS // 7/11 // \$18

## Tri City Promenaders

Did you know that the Tri City Promenaders offers square dance lessons at Brookside Center on Tuesday nights from 7:30-9:30 p.m.? Drop by and give it a try! Email [tricitypromenaders@gmail.com](mailto:tricitypromenaders@gmail.com) for more information.

### Fitness Evaluations

Are you getting started on your fitness program and do not know where to begin? A fitness evaluation should be your first step in any fitness program. Your level of fitness is assessed in five components: cardiovascular, muscular strength, muscular endurance, flexibility, and body composition. A one hour session is \$41. All evaluations are done by appointment.

*Instructor: Behka Hartmann (Certified Personal Trainer/Fitness Instructor)*

## Adult Programs

### Guitar

#### Ages 13+

You will learn to play songs using a number tab system and be introduced to note reading and chords. We will practice technique exercises for both hands to develop independence, agility, and strength. We will learn songs using finger-picking, flat-picking and classical techniques. (Guitar is required.)

*Instructor: Jan Ryberg*

#### SUMMER I

43888-A: Beginner

5:15-6:00PM // M // 4WKS // 6/6 // \$35

43888-B: Intermediate

6:00-6:45PM // M // 4WKS // 6/6 // \$35

#### SUMMER II

44888-A: Beginner

5:15-6:00PM // M // 4WKS // 7/11 // \$35

44888-B: Intermediate

6:00-6:45PM // M // 4WKS // 7/11 // \$35

### Guitar - Ensemble

#### Ages 13+

This class is for students who can read standard music notation in the first position, or have a dedication to learning notes. Some chord knowledge is preferred but not required. We will be learning ensemble pieces in many different styles and students will be encouraged to bring in their own arrangements and compositions. We will have a performance at the end of the summer.

*Instructor: Jan Ryberg*

#### SUMMER I

43999-A

7:30-9:00PM // M // 4WKS // 6/6 // \$35

43999-B

11:00-12:30PM // S // 4WKS // 6/11 // \$35

#### SUMMER II

44999-A

7:30-9:00PM // M // 4WKS // 7/11 // \$35

44999-B

11:00-12:30PM // S // 4WKS // 7/16 // \$35

### Hatha Yoga

#### Don't Eat 2 Hours Prior // Yoga Mat

Learn more about yourself from the inside out with the tools of yoga. Increase your flexibility and balance and tone your body. Discover the technique of breath control, centering and meditation.

*Instructor: Behka Hartmann, Certified Personal Trainer/Fitness Instructor*

#### SUMMER I

43100-A

10:15-11:10AM // M // 4WKS // 6/6 // \$16

43100-B

10:15-11:10AM // F // 4WKS // 6/10 // \$16

#### SUMMER II

44100-A

10:15-11:10AM // M // 4WKS // 7/11 // \$16

44100-B

10:15-11:10AM // F // 4WKS // 7/15 // \$16

### Hurst Hustlers Running Club

Come join runners, joggers, and walkers of all levels for a challenging workout using hills, speed work, distance, and drills. You will learn how to run and how to stay injury free all while having fun! This is the perfect way to make friends and meet your running goals.

*Instructor: Esther White (MS, RD, LD)*

#### SUMMER I

43001-A

6:15-7:15PM // M // 4WKS // 6/6 // \$15

#### SUMMER II

44001-A

6:15-7:15PM // M // 4WKS // 7/11 // \$15

### ITF Taekwon-Do

ITF Taekwon-Do is the only original and traditional Korean Taekwon-Do in DFW. You will increase your flexibility, physical fitness, self defense, self control, discipline, stress relief, self-esteem and concentration.

*Instructors: : Jonathan Nguyen/Bart Powell (member of ITF-Unified and Grandmaster Van Binh)*

#### SUMMER I

23700-A : White and Yellow Belts

6:00-7:00PM // TH // 4WKS // 6/9 // \$28

23700-B : Advanced Belts

7:00-8:00PM // TH // 4WKS // 6/9 // \$28

#### SUMMER II

24700-A : White and Yellow Belts

6:00-7:00PM // TH // 4WKS // 7/14 // \$28

24700-B : Advanced Belts

7:00-8:00PM // TH // 4WKS // 7/14 // \$28

### Mix-It-Up Aerobics

Come have fun getting in shape with this versatile class. We do a variety of cardio and strength work and keep the class fun, interesting and challenging. If you have never exercised before or if you have been for years, this class is for you! Come mix it up with us and have a great time achieving your goals!

*Instructor: Behka Hartmann (Certified Fitness Instructor)*

#### SUMMER I

43040-A

9:15-10:10AM // MWF // 4WKS // 6/6 // \$23

#### SUMMER II

44040-A

9:15-10:10AM // MWF // 4WKS // 7/11 // \$23



## Adult Programs

### Nutrition Counseling

One-Hour Session \$65 // Three Sessions \$170

Can't get rid of that extra weight? Need nutrition assistance for your sports training? Have a medical condition that would benefit from nutrition assistance? Individual nutrition counseling is available for your every need, including expertise in weight loss and weight management, disease management, sports nutrition, eating disorders and general wellness. Sessions are set by appointment.

*Instructor: Esther White (MS, RD, LD)*

### Olympic Sport of Judo

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from a nine-time national medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. This is an ongoing monthly class.

*Instructor: Kim Mesa (5th degree Black Belt and certified USA Judo International Coach)*

42800-B : May

7:00-8:30PM // MW // 4WKS // 5/2 // \$40

43800-A : June

7:00-8:30PM // MW // 4WKS // 6/6 // \$40

43800-B : July

7:00-8:30PM // MW // 4WKS // 7/4 // \$40

43800-C : August

7:00-8:30PM // MW // 4WKS // 8/1 // \$40



### Personal Training

One-Hour Session \$41 // Five Sessions \$172

Do you need motivation to reach your fitness goals? Through personal training, you can reach your cardiovascular and strength training goals with a program tailored for you. Sessions are set by appointment.

*Instructor: Behka Hartmann (Certified Personal Trainer/Fitness Instructor)*

### Slim It Out, Tone It Up

Join us for a fun, challenging and fast-paced workout that uses different moves and equipment to target every muscle in your body. You will walk out with a smile on your face and a little sweat on your shirt!

*Instructor: Esther White (MS, RD, LD)*

#### SUMMER I

43015-A

6:35-7:25AM // TTh // 4WKS // 6/7 // \$16

43015-B

12:10-12:50PM // TTh // 4WKS // 6/7 // \$16

#### SUMMER II

44015-A

6:35-7:25AM // TTh // 4WKS // 7/12 // \$16

44015-B

12:10-12:50PM // TTh // 4WKS // 7/12 // \$16

## Adult Programs

### Spin and Sweat

Join us for spinning! Turn the basics of cycling into a great cardio workout that burns calories and fat. Get ready to work hard and sweat like crazy!

*Instructor: Angela Pond (Certified Personal Trainer)*

#### SUMMER I

43444-A

9:00-9:45AM // T // 4WKS // 6/7 // \$17

43444-B

5:45-6:30PM // TH // 4WKS // 6/9 // \$17

#### SUMMER II

44444-A

9:00-9:45AM // T // 4WKS // 7/12 // \$17

44444-B

5:45-6:30PM // TH // 4WKS // 7/14 // \$17

### Tai Chi

The Thursday evening class will focus on the basics of Tai Chi. Emphasis will be on relaxation, balance and making the mind-body connection necessary in Tai Chi. Class will study the movements of the first section of the Yang long form. The Saturday morning class is for advanced students who have a working understanding of the Yang-style 103-movement form.

*Instructor: David Roark*

#### 43070-B : May

7:00-8:30PM // W // 4WKS // 5/4 // \$30

9:05-11:00AM // S // 4WKS

#### 43070-A : June

7:00-8:30PM // W // 4WKS // 6/1 // \$30

9:05-11:00AM // S // 4WKS

#### 43070-B : July

7:00-8:30PM // W // 4WKS // 7/6 // \$30

9:05-11:00AM // S // 4WKS

#### 43070-C : August

7:00-8:30PM // W // 4WKS // 8/3 // \$30

9:05-11:00AM // S // 4WKS

### The Power Package

**By Appointment Only // Four Sessions \$150**

Join forces with the experts in nutrition and fitness for successful results! Your Power Package includes two sessions focused on nutrition with a customized diet plan and two sessions focused on fitness with an evaluation and personal exercise plan. The Power Package is \$145 for four sessions. All evaluations are done by appointment.

*Instructors: Esther White (MS, RD, LD) and Behka Hartmann (Certified Personal Trainer/Fitness Instructor)*

### Zumba

**Ages 13+**

This class can only be described as FUN! If you want to party, laugh and have a great time while you lose unwanted inches, come and join us! It's the Latin-inspired, easy-to-follow, calorie-burning, dance-fitness party. Feel the music and let loose. Each class is a whole new set of dancing and fun.

*Instructor: Behka Hartmann (Certified Personal Trainer/Fitness Instructor)*

#### SUMMER I

43065-A

6:00-6:55PM // MW // 4WKS // 6/6 // \$23

#### SUMMER II

44065-A

6:00-6:55PM // MW // 4WKS // 7/11 // \$23

### Zumba Gold Toning

Come learn the basic techniques of Zumba in this energizing fitness class by getting your groove on! This is a great way for all ages to get started in Zumba or if you need a lower intensity. We'll use the musical maraca-sounding toning sticks to bump up the workout by adding resistance. It's great for the mind, body and soul!

*Instructor: Behka Hartmann (Certified Personal Trainer/Fitness Instructor)*

#### SUMMER I

43050-A

7:30-8:25AM // TTh // 4WKS // 6/7 // \$20

#### SUMMER II

44050-A

7:30-8:25AM // TTh // 4WKS // 7/12 // \$20



## « CLASS REGISTRATION

### Registration Policy

Walk-in registration beginning on **Monday, May 2**, at **7:00 a.m.** is open only to those participants who are Hurst residents and reside within the Hurst city limits. Participants who reside in Fort Worth, North Richland Hills and Euless whose mail is delivered to a Hurst "address" are not eligible to register until May 16 at 7:00 a.m. Residency is defined by living within the Hurst city limits, receiving a water bill from the City of Hurst and paying property taxes to the City of Hurst. Non-residents will be able to register beginning on **Monday, May 16**. Out of fairness to all citizens of our community, you may only register the members of your household.

#### REMEMBER:

LEARN-TO-SWIM REGISTRATIONS MAY BE DONE ONLINE OR IN PERSON.  
FAXED OR MAILED IN REGISTRATIONS ARE NOT ACCEPTED.

**Classes begin the week of June 6**  
(unless otherwise indicated)

### Sign Up To Register Online

That's right – you can save time and register your entire family online! To get started, you will need to visit the Hurst Recreation Center to activate your account. If you are a Hurst resident, you will need to bring your **Hurst water bill, Hurst property tax statement or Hurst apartment lease, and your photo ID** as proof of Hurst residency to receive the Hurst resident rates. Once you have activated your account and received your user name and password, you will be able to use our online registration feature.

You do not have to wait until your appropriate registration date to activate your account and receive your user name and password. Go ahead and do it the next time you are at the Recreation Center for your current class or working out. Then you will be ready to register online the day registration starts!

### Help Us Help You! PLEASE ENROLL EARLY!

Help us keep your favorite classes around by enrolling early. There is a point when a course must be cancelled due to low enrollment. Help us prevent course cancellations by registering early!

### Walk-In Registration Times

**Monday-Thursday: 7:00AM-9:00PM**

**Friday: 7:00AM-5:00PM**

**Saturday: 9:30AM-5:00PM**

**Sunday: 1:30PM-5:00PM**

### Confirmations

When you register by mail or fax, you will receive a confirmation notice through the postal mail. You will be notified of the designated classes that are not available. If the class is not available, you may select a second choice. If you register online, you may print a copy of your receipt.

### Refund Policy

**Recreation Classes:** We depend on your participation for a successful class. If you have an unforeseen circumstance and can not attend class, we will gladly refund your fee with 72 hours notice prior to the class start date.

**Learn-to-Swim Classes:** In order to cancel and receive a refund for a Learn to Swim class, cancellations must be made by the Monday at 5:00PM, prior to the start of the session. Refunds will not be given after this point. Medical reasons will be considered with a Doctor's report. Please call 817-788-7325 for additional information.

### Supply Lists

Some of our classes require a supply list. These classes are noted in this magazine. You will receive a supply list when you register. For mailed registrations, a list will be included with your confirmation letter. **Supplies should not be purchased prior to the Friday before the class starts in case of cancellation.**

# CLASS REGISTRATION FORM

HEAD OF HOUSEHOLD

EMAIL ADDRESS

STREET ADDRESS

APT #

CITY

STATE / ZIP

HOME PHONE

WORK PHONE

PARTICIPANT'S NAME	DOB	GENDER	CLASS #	CLASS FEE
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
			Subtotal	\$

GRAND TOTAL

Non-Resident Fee of \$2 per class

 \_\_\_\_\_ x \$2  
 # OF CLASSES

= \$ \_\_\_\_\_

+ Subtotal \$ \_\_\_\_\_ =

Total Due \$ \_\_\_\_\_

## PAYMENT METHOD

☐ CHECK

☐ CREDIT CARD

☐ CASH

CHECK NUMBER: \_\_\_\_\_

 CARD TYPE: ☐ Visa ☐ MasterCard ☐ Discover ☐ American Express

 MAIL TO: Hurst Parks and Recreation  
 Class Registration

 MAKE CHECKS PAYABLE TO:  
 City of Hurst

CARD NUMBER: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

700 Mary Drive, Hurst, TX 76053

EXPIRATION DATE: \_\_\_\_ / \_\_\_\_

For the valuable consideration of being allowed to participate in the City of Hurst Parks and Recreation Department's program or use the City's facilities or equipment, I recognize and acknowledge the risk of physical injury and agree to assume the full risk of any injuries, including death or damages, that may result from an injury sustained while participating in activities related to the program or from using the City's facilities or equipment. I DO FULLY RELEASE, INDEMNIFY, AND HOLD HARMLESS, THE CITY, ITS EMPLOYEES AND OFFICERS FROM THEIR OWN NEGLIGENCE FOR FAILURE TO PROPERLY DESIGN, INSPECT, OR MAINTAIN THE EQUIPMENT, OR SUPERVISE THE ACTIVITIES TO BE ENGAGED IN OR EQUIPMENT TO BE USED BY THE UNDERSIGNED, AND FOR ANY ACTS OF THIRD PARTIES. The City does not provide any medical or other insurance protection benefits for those who use the recreational equipment or engage in activities on City Premises.

BY SIGNING THE RELEASE, I ACCEPT ALL RESPONSIBILITY FOR INJURIES WHICH MAY BE INCURRED.

SIGNATURE OF PARTICIPANT

DATE

SIGNATURE OF PARENT/GUARDIAN IF USER IS UNDER 18

DATE



## ◀◀ SPORTS ASSOCIATIONS



### Youth Sports Associations

#### Tri-Cities Baseball Association

TCBA 817-285-0200

[www.tcbasesoft.com](http://www.tcbasesoft.com)

#### Mid-Cities Basketball Association

MCBA 817-354-6208

[www.MCBBA.org](http://www.MCBBA.org)

#### Hurst United Soccer Association

HUSA 817-504-7479

[www.hurstunitedsoccer.com](http://www.hurstunitedsoccer.com)

#### MidCities PeeWee Football & Cheerleading Association

817-282-2390

[www.midcitiespeeeweefootball.org](http://www.midcitiespeeeweefootball.org)

## Adult Sports Registration Information

Teams may register in person at the Recreation Administration Office located inside the Hurst Recreation Center, 700 Mary Drive. Hours are Monday, Wednesday and Friday from 8:00 a.m. to 5:00 p.m. and Tuesday and Thursday from 8:00 a.m. to 6:00 p.m. For more information, please call 817-788-7320. Registration information and rules are located online at [www.teamsideline.com/hurst](http://www.teamsideline.com/hurst).

### Softball

#### Summer League Registration

##### Returning Team Registration: May 2-3

*Teams that played in Hurst in 2015 and 2016*

##### Open Registration: May 4-27

*Registration and/or start dates may be adjusted to accommodate weather related delays*

##### Entry Fee: \$340 for a 10-game season

*With no city playoffs*

##### League Schedules: Available June 1, after 4:00PM

##### League Begins: June 6

##### League Nights:

Monday – Men's & Women's

Tuesday – Men's & Co-ed

Wednesday – Men's & Co-ed

Thursday – Men's & Co-ed

Friday – Men's Church, Men's & Co-ed

### Softball

#### Fall League Registration

##### Returning Team Registration: August 8-9

*Teams that played in Hurst in 2015 and 2016*

##### Open Registration: August 10-26

*Registration and/or start dates may be adjusted to accommodate weather related delays*

##### Entry Fee: \$310 for an 8-game season

*With no city playoffs*

##### League Schedules: Available August 31, after 4:00PM

##### League Begins: September 6

##### League Nights:

Monday – Men's & Women's

Tuesday – Men's & Co-ed

Wednesday – Men's & Co-ed

Thursday – Men's & Co-ed

Friday – Men's Church, Men's & Co-ed





## Healthy Hurst Wellness Program

Healthy Hurst is the City of Hurst's community-wide wellness initiative. With the use of the information and links that are available on the City of Hurst's Healthy Hurst webpage, participants can increase their health, wellness and fitness.

Healthy Hurst is a FREE program, and all participants receive a Healthy Hurst T-shirt at the time of registration. Participants are also encouraged to register for the various FREE events that will be offered throughout the year as part of the Healthy Hurst program.

The Healthy Hurst program is open to all Hurst residents, as well as nonresidents who have purchased a Hurst Recreation Center Annual Pass. Incentive awards are available to all participants as they track and log their fitness activities!

Healthy Hurst has a myriad of tips and information on nutrition, fitness, wellness and health. Give it a try today! Let Healthy Hurst help you get started toward your wellness, health and fitness goals. For more information on the Healthy Hurst program, contact the Hurst Recreation Center at 817-788-7325.

## Mission Statement

*The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities and services that encourage lifelong learning, fitness and fun.*

## Parks and Recreation Board

Chairman:  
Alan Neace

Vice Chair:  
Rod Robertson

Carol Cole  
Delbert Derrett  
Ralph Hurd  
Pat King

Karen Spencer  
Cathy Thompson  
Bob Walker

## Recreation Staff

Recreation Director:  
Chris Watson

Recreation Attendants:

Recreation Athletics  
& Aquatics Manager:  
Kristie Weaver

Kristen Barnett  
Mikayla Birdsong  
Cliff Bogan  
Dakota Ford  
Rudy Garcia  
Luke Grimsley  
Anna James  
Matt Mendez  
Nancy Phillip  
Shana Sanders  
Emily Stacey  
Cheryl Thompson  
Irene Thornton

Recreation Manager:  
Jordan Taylor

Recreation Programs  
Manager:  
Amy Sisler

Recreation Supervisor:  
Mary Singleton

Senior Secretary:  
Paige Lutz

Facility Maintenance:  
Judy Arellano

Recreation  
Receptionists:  
Melanie Cox  
Susan Derr

Recreation Specialists:  
Lauren Snyder  
Aujehl Messier









# *Welcome to* Chisholm Aquatics Center

## **Chisholm Aquatics Center**

2200 Norwood Drive

817-788-7250

### **Hours of Operation**

Saturday & Sunday: 10 a.m.-6 p.m.

Monday-Friday: Noon-8 p.m.



# Chisholm

## Activity Pool

- The water depth is 0" to 36".
- City provided tubes are not allowed in this pool.
- No headfirst sliding on the slides. No climbing on the pipes or handrails.
- We encourage you to turn, pull, and otherwise play with the interactive features and have fun with the water affects you create!
- Maximum weight on the play structure is 200 pounds.

## River Pool



- Please enter and exit using the steps.
- The water depth is 42" .
- Only city provided tubes allowed in the River Pool.
- Tubes must remain within the confines of the River.
- One person per tube; Tubes with bottoms provided for the younger guests.

## Diving Pool

- The water depth is 12 feet 6 inches.
- Non-swimmers are not allowed.
- Lifejackets are not allowed.
- Only one guest allowed at a time on each board.
- Only one bounce permitted.
- After entering the water, guests should swim to the nearest ladder and exit.





# m Aquatics Center

## *Rules and Regulations*



- Other guests should wait for the previous user to reach the ladder to exit the pool.
- Guests are not allowed to catch children jumping off the boards, nor assist them to the ladders.
- Non-standard dives, such as cartwheels, hand-stands, back dives, gainers, sit dives, etc., are not allowed.
- Eyeglasses, goggles, masks are not permitted.
- No leisure swimming allowed in the Diving Pool.
- Do not swim into or otherwise block the Drop Slide splash down zone.
- Maximum weight on the diving boards is 250 pounds.

### *In general ...*

- Children under the age of 12 must be accompanied by an adult.
- Children ages 7 and younger must be within arm's reach of an adult at all times.
- All swimmers must be attired in a swim suit.
- No food or drinks allowed in the water.
- Please do not drink the pool water.
- No running on or around the features.
- No diving or horseplay allowed.
- Non-potty trained children must be in swim diapers with a swimsuit over the diaper; Please do not change diapers on the deck.
- Only U.S. Coast Guard approved flotation devices allowed.

### **Slide Tower Rules**



- For the blue and yellow slides you must be 40" or taller.
- For the orange slide you must be 48" inches or taller and a strong swimmer.

### ***For all slides please...***

- Single riders only! Only one guest may enter flume at a time.
- Forming chains is not allowed.
- Guests must wait for the Attendant's start signal before starting the ride.
- Keep arms and hands inside the flume at all times.
- Do not run, dive, stand, kneel, rotate, or stop in the slide.
- Cutting in line, horseplay, and other unsafe behaviors are not permitted.
- Swim wear with exposed zippers, buckles, rivets, or metal ornamentations is not allowed.
- Lifejackets are not permitted.
- Eyeglasses should be securely strapped with head straps.
- For safety reasons, pregnant women and persons with heart conditions or back problems should not ride the slides.
- Maximum weight on the slide is 250 pounds.



## Swimwear Policy

All swimmers must be attired in an appropriate swimsuit in order to enter and remain in the aquatic facility. Bathing suits are designed to be quick drying and generally made from smooth nylon material. They are durable and hold up to wear from contact with pool chemicals. An appropriate swimsuit is defined as a swim garment with an affixed/sewn inner lining. Swimwear with exposed zippers, buckles, rivets or metal ornamentation are not permitted on play features or slides. Examples of apparel NOT permitted in the water include, but are not limited to: street clothes, sports bras (unless a dark shirt is worn) and denim jeans. Inappropriate attire damages our pumps, attractions, and chemicals. "Thong" bikinis or other revealing swim wear is not permitted. Any "lifeguard gear" is not allowed due to liability reasons.

## Hurst Resident Aquatics Cards

2016 Hurst Resident Aquatics Cards are available at the Hurst Recreation Center beginning May 2 during Summer Class Registration. This free Aquatics Card allows Hurst Residents to enter Chisholm Aquatics Center for only \$4/person/day. Residents must provide proof of residency in order to obtain the card. There is a limit of TWO cards per household. All guests of residents will pay admission based on where the guest lives.

## Group Reservation Policy

A group is defined as any person or entity, commercial or non-profit, who provides structured child care and/or activities. All "Groups" meeting this criteria are required to make a reservation, in person, at the Recreation Division administrative office, 700 Mary Drive, at least seven calendar days in advance of the desired date of their visit. "Groups" must comply with all components of the City of Hurst Group Reservation Policies.

\* Residents must have resident card or show proof of residency in the form of a driver's license and Hurst water bill or will be charged the non-resident rate.

## Locations

### Central Aquatics Center

715 Mary Drive

817-788-7327

Under Construction Summer 2016

### Chisholm Aquatics Center

2200 Norwood Drive

817-788-7250

### Dates of Operation (Chisholm Only)

Summer Opening: Saturday, May 28

### Hours of Operation (Chisholm Only)

Saturday & Sunday: 10 a.m.-6 p.m.

Monday-Friday: Noon-8 p.m.

## Daily Admission Fees

Free - 12 months and younger

Free - 65 years and older

\$4 - Hurst residents \*, ages 1 - 64 years

\$10 - Non-residents, ages 1 - 64 years

## Season Passes

### Hurst residents \*

\$25 Individual • \$100 Family Pass (family of 5)

### Non-residents

\$75 Individual • \$300 Family Pass (family of 5)

## Contact Information

Recreation Manager/

Facility Reservations

817-788-7320

Learn to Swim Information

817-788-7325



# Learn-to-Swim Class Registration

Walk-in registration beginning on **Monday, May 2**, is only open to those participants who are Hurst residents and reside within the Hurst city limits. Participants who reside in Fort Worth, North Richland Hills, and Euless, whose mail is delivered to a Hurst "address" are not eligible to register until May 11. Residency is defined by: living within the Hurst city limits, receiving a water bill from the City of Hurst, and paying property taxes to the City of Hurst. Non-residents will be able to register beginning on **Monday, May 16**.

**Registration for swim classes is conducted in person at the Hurst Recreation Center or on-line only. Class registration will not be accepted by mail or fax for Learn-to-Swim lessons.**

**Registration:** Residents, May 2 - 7:00AM  
Non-Residents, May 16 - 7:00AM

## Class Fees

\$27 - Hurst residents  
\$29 - non-residents

## First Day Evaluations

The LTS Coordinators and Instructors are trained to recognize proper swimming technique and ability. Students are evaluated on the first day of class and grouped by the appropriate level based on their ability.

## Registration/Class Transfer Policy

The deadline to register or transfer a swimming class is Monday at 5:00pm, the week prior to the beginning of each session. Before enrolling your child in a class, please read the class descriptions thoroughly to ensure your child is in the appropriate class. Walk-in registration at the pool is not allowed.

## Weather Conditions and Make-Up Policy

In the event of inclement weather, please call the LTS Inclement Weather Information Line at 817-788-7340. It is possible that classes could be cancelled on a class-by-class basis, or for the entire morning. If possible, a safety day is conducted as this information is required for all American Red Cross classes. The second and third days in a session that classes are not conducted, Friday mornings are utilized. In the event that further classes are cancelled, they are cancelled entirely. This policy applies to all four sessions. The Learn to Swim Coordinator will provide make-up information as needed.

## Cancellation/Refund Policy

In order to cancel and receive a refund for a Learn to Swim class, cancellations must be made by the Monday at 5 p.m. prior to the start of the session. Medical reasons will be considered with a Doctor's report. Please call 817-788-7325 for additional information.





# Learn-to-Swim Class Registration *new registration format*

Participants will register by age, session, and time. The first day of class is a testing day and staff will separate participants by ability. All classes held at Chisholm Aquatics Center.

## STEP 1

Select your class as determined by age group.

### Parent Tot/Swim

**6 - 36 Mos // Parent is in the water**

Class orients young children to the water and prepares them to learn to swim in the preschool course. Parent/adult participation is required. Children who are not potty trained are asked to wear swim diapers. **Weekday:** 9 a.m.; 9:45 a.m. **Saturday:** 8:15 a.m.; 9 a.m.

### Pre-School

**3 - 5 Years // Parent is not in the water**

Orients children to the water and teaches basic skills to gain independence and comfort in the water. Children should be potty trained; if not, swim diapers required. Participants should be able to follow direction from instructors.

**Weekday:** All times **Saturday:** 8:15 a.m.; 9 a.m.

### Elementary

**6 - 12 Years**

Orients children to skills needed to independently move in the water. Guided practice is used reinforce skills taught to the pace of the participants.

**Weekday:** All times **Saturday:** Not offered

### Stroke Refinement

**10 - 13 Years // Prerequisites required**

This class is designed for participants who have advanced skills but who may not be ready to join a swim team. **\* Prerequisites:** participants must show proficiency in front crawl, backstroke, breaststroke and have basic knowledge of butterfly; ability to swim back and forth across the pool in the aforementioned strokes. **NOTE: If participants can not meet the prerequisites on the first day of class, a refund will be issued.**

**Weekday:** 10:30 a.m.; 11:15 a.m.

**Saturday:** 8:15 a.m.; 9 a.m.



## STEP 2

Choose dates

#### WEEKDAYS

Session 1

June 6-16

Session 2

June 20-30

Session 3

July 11-21

Session 4

July 25-August 4

#### SATURDAYS

Session 1

June 4, 11, 18, 25

Session 2

July 9, 16, 23, 30

## STEP 3

Choose time

#### WEEKDAY MORNINGS

8:15-8:50AM

9:00-9:35AM

9:45-10:20AM

10:30-11:05AM

11:15-11:50AM

#### SATURDAY MORNINGS

8:15-8:50AM

9:00-9:50AM

Weekday lessons are MONDAY - THURSDAY each week, utilizing Fridays as make-up days for bad weather. Saturday classes are four Saturdays per month.



## Adult Water Aerobics Chisholm Aquatic Center

Come splash into fitness! Water aerobics is an excellent low-impact way for men and women to get fit. Even arthritis sufferers can give this program a try! Participants will use resistance tools including buoyant water weights and swim noodles. Because it is low-impact, water aerobics is suitable for every fitness level from beginning exercisers through elite athletes. Minimal swimming skills and water comfort are required. Please bring a towel, personal water bottle and water shoes. Water depth is 3'6". Ages 16 and up.

*Instructor: Behka Hartmann, Certified Personal Trainer and Fitness Instructor*

63200-A

7:35-8:15AM // MWF // 2WKS // 6/6 // \$28

63200-B

7:35-8:15AM // MWF // 2WKS // 6/20 // \$28

63200-C

7:35-8:15AM // MWF // 2WKS // 7/11 // \$28

63200-D

7:35-8:15AM // MWF // 2WKS // 7/25 // \$28

## Senior Water Time

Ages 65+

This is unstructured time in the water for seniors ages 65 and older. No private lessons, trainers, therapists allowed. Participants must register in advance at the Hurst Recreation Center.

TUESDAY, THURSDAY

7:30-8:15AM // TTh // 2WKS // 6/7 // FREE

TUESDAY, THURSDAY

7:30-8:15AM // TTh // 2WKS // 7/12 // FREE



## Healthy Hurst Dash & Splash 1 Mile/5K

1 Mile Walk/Run - 7:30AM • 5K Run - 7:50AM

**Saturday, June 11 // Chisholm Park & Chisholm Aquatics Center**

Here's your chance to do something healthy AND fun at the same time. The Healthy Hurst Dash & Splash offers Healthy Hurst participants the chance to participate in a 1 Mile or a 5K event and jump into the water at the Chisholm Aquatics Center at the finish line.

All Dash & Splash participants will need to register for this FREE event and can do so at the Hurst Recreation Center through 5pm on Thursday, June 9. Race day registration begins at 7am on Saturday, June 11. (Please bring proof of residency: Driver's License, Hurst Water Bill, Hurst Property Tax Statement. Non-residents bring your Quality of Life Recreation Card).

All Dash & Splash participants are eligible to win door prizes (must be present to win). For more information, contact the Hurst Recreation Center at 817-788-7325.



## Kids' All American Fishing Derby

Saturday, June 4 // Chisholm Park, 2200 Norwood Drive

Calling all kids, ages 5 to 16 years! Here is your chance to show off your fishing skills and win prizes. Bring your parents, fishing pole, and tackle to enjoy a morning of fishing fun! In-and-Out Burger will be back to provide lunch! The event is FREE, however you must pre-register at the Hurst Recreation Center, 700 Mary Drive. Space is limited. Be sure to register early! Need a fishing pole? Go to the Hurst Public Library at 901 Precinct Line Road where you can check one out for free with an adult library card.

For more information, call 817-788-7325.

## Chisholm Park Pond - Fish Stocking

For Texans who live in urban areas, Neighborhood Fishin' offers fishing opportunities close to home. Texas Parks and Wildlife Department works in partnership with local governments to stock catfish and rainbow trout in small neighborhood lakes. These fish are fun to catch, and they're stocked frequently in season, so there's nearly always a fresh supply of fish available to take your bait. Over 5,500

fingerling channel catfish were stocked at Chisholm Park in 2015.

A few reminders: kids under 17 fish for free, but adults must have a fishing license with a freshwater stamp; fishing is allowed with poles only (no trotlines, traps, nets, etc.); daily bag limits and minimum lengths may apply. Visit [www.neighborhoodfishin.org](http://www.neighborhoodfishin.org) for specific rules and regulation.



## Hurst Stars & Stripes

Monday, July 4 // 5:00-10:00PM  
Hurst Community Park, 601 Precinct Line Road

### Bands:

- Jolie Holiday featuring Sonny Burgess (5:30 - 6:30 p.m.)
- Petty Theft (6:45 - 7:45 p.m.)
- Emerald City (8:00 - 9:30 p.m.)

**Activities:** Children's Area featuring large inflatable activities, live music, food trucks, and of course FIREWORKS at approximately 9:30 p.m.!

For more information, call 817-788-7320.

## Hurst Golden Couples

Saturday, June 18  
6:00-8:00PM // Hurst Senior Activity Center,  
837 W. Pipeline Road

In celebration of your 50+ years of matrimony, we invite you to attend the Golden Couples event. Please RSVP by June 7 to 817-788-7320. *Special thanks to our event sponsors:*

*Bice's Florist, Balloons Fantastique and Prints Charming Photography.*



## Spring/Summer Operating Hours

Monday-Thursday: 8:00AM-10:00PM

Friday, Saturday & Sunday:  
8:00AM-7:00PM

## Hurst Tennis Center

701 Mary Drive, Hurst, TX

817-788-7330

## Hurst Tennis Center Staff

### Tennis Attendants:

Ben Boerner  
Sean Burkner  
Ryan Crozier  
Taylor Jackson  
Ibrianna Traylor  
Nick Van Den Handel

### Tennis Instructors:

Cameron Bodily, USPTA  
John Schildt, USPTA  
Michael Seybold, USPTA  
Greg Smith

Tennis Center Coordinator:  
Austin Wynne, USPTA

### Head Professional:

Kelly Langdon, USPTA



- Lessons and team drills for all ages and abilities
- 10 lighted outdoor courts
- USRSA racquet stringers
- Ball machine rental
- USPTA-certified instructors available
- USTA adult leagues

## How About A Private Lesson?

The HTC Staff offers private lessons for those wanting more one-on-one accelerated learning.

*Lessons with City of Hurst Head Professional Kelly Langdon, USPTA or Coordinator Austin Wynne, USPTA*

\$35 Per Half Hour  
\$55 Per Hour  
\$200 For Series of 4 Lessons

*Lessons with tennis instructors Greg Smith; Cameron Bodily, USPTA; John Schildt, USPTA; Mike Seybold, USPTA*

\$35 Per Half Hour  
\$55 Per Hour  
\$200 For Series of 4 Lessons

The Tennis Center Staff also offers group lessons: \$90 for 1½ hour and \$60 for 1-hour group lessons for league teams.

## Upcoming Tournaments

USTA Hurst Junior Open  
April 9-10

Mid-Cities Tournament  
July 30

USTA Hurst Adult Open  
December 9-11

## Summer Adult Tennis Leagues

Summer adult leagues begin June 2. Register by May 18. The cost is \$25 per person. For more information, call the Hurst Tennis Center.

## Racquet Stringing

The Tennis Center has a large choice of strings and accessories for your racquet needs. We offer fast service and have three United States Racquet Stringer's Association certified stringers on staff.



## Youth

### Quickstart Pee Wee Tennis Camp

6 Years and Under // 1 Can of Unopened Balls

An introduction to the game of tennis. Emphasis is placed on motor skills in a fun learning environment. Kids will learn basic strokes and play lots of fun games.

Instructors: Michael Seybold, USPTA; Bryan Combest, USPTA and Staff

83700-A  
9:45-10:30AM // TTh // 2DAYS // 6/14 // \$40  
83700-B  
9:45-10:30AM // TTh // 2DAYS // 6/21 // \$40  
83700-C  
9:45-10:30AM // TTh // 2DAYS // 7/12 // \$40  
83700-D  
9:45-10:30AM // TTh // 2DAYS // 7/19 // \$40

### Junior Beginner Tennis Camp

7+ Years // 1 Can of Unopened Balls

A fun camp for beginners. No experience necessary! Learn the forehand, backhand, serve and volley.

Instructors: Michael Seybold, USPTA and Staff

83710-A  
10:30AM-Noon // M-Th // 4DAYS // 6/6 // \$72  
83710-B  
10:30AM-Noon // M-Th // 4DAYS // 6/13 // \$72  
83710-C  
10:30AM-Noon // M-Th // 4DAYS // 6/20 // \$72  
83710-D  
10:30AM-Noon // M-Th // 4DAYS // 6/27 // \$72  
83710-E  
10:30AM-Noon // M-Th // 4DAYS // 7/11 // \$72  
83710-F  
10:30AM-Noon // M-Th // 4DAYS // 7/18 // \$72  
83710-G  
10:30AM-Noon // M-Th // 4DAYS // 7/25 // \$72  
83710-H  
10:30AM-Noon // M-Th // 4DAYS // 8/1 // \$72

### Junior Beginner/Intermediate Tennis Camp

10+ Years // 1 Can of Unopened Balls

Improve skills learned in Beginner Camp. Tactics, drills and fun are stressed.

Instructors: Michael Seybold, USPTA and Staff

83720-A  
10:30AM-Noon // M-Th // 4DAYS // 6/6 // \$72  
83720-B  
10:30AM-Noon // M-Th // 4DAYS // 6/13 // \$72  
83720-C  
10:30AM-Noon // M-Th // 4DAYS // 6/20 // \$72  
83720-D  
10:30AM-Noon // M-Th // 4DAYS // 6/27 // \$72  
83720-E  
10:30AM-Noon // M-Th // 4DAYS // 7/11 // \$72  
83720-F  
10:30AM-Noon // M-Th // 4DAYS // 7/18 // \$72  
83720-G  
10:30AM-Noon // M-Th // 4DAYS // 7/25 // \$72  
83720-H  
10:30AM-Noon // M-Th // 4DAYS // 8/1 // \$72

### Junior Beginner Tennis & Movie Camp

7+ Years // 1 Can of Unopened Balls

A fun camp for beginners. Learn the forehand, backhand, serve and volley. Kids will eat lunch and enjoy a movie each day at the Hurst Recreation Center. Bring a sack lunch and drink every day. Ages 7 and up.

Instructors: Michael Seybold, USPTA and Staff

83810-A  
10:30AM-1:30PM // M-Th // 4DAYS // 6/9 // \$88  
83810-B  
10:30AM-1:30PM // M-Th // 4DAYS // 6/13 // \$88  
83810-C  
10:30AM-1:30PM // M-Th // 4DAYS // 6/20 // \$88  
83810-D  
10:30AM-1:30PM // M-Th // 4DAYS // 6/27 // \$88  
83810-E  
10:30AM-1:30PM // M-Th // 4DAYS // 7/11 // \$88  
83810-F  
10:30AM-1:30PM // M-Th // 4DAYS // 7/18 // \$88  
83810-G  
10:30AM-1:30PM // M-Th // 4DAYS // 7/25 // \$88  
83810-H  
10:30AM-1:30PM // M-Th // 4DAYS // 8/1 // \$88

### Advanced Beginner /Intermediate Tennis & Movie Camp

12+ Years // 1 Can of Unopened Balls

Introduction to tactics and drills. Player development and fun are stressed. Kids will eat lunch and enjoy a movie at the Hurst Recreation Center each day. Bring a sack lunch and drink every day.

Instructors: Michael Seybold, USPTA and Staff

83810-A  
10:30AM-1:30PM // M-Th // 4DAYS // 6/6 // \$88  
83810-B  
10:30AM-1:30PM // M-Th // 4DAYS // 6/13 // \$88  
83810-C  
10:30AM-1:30PM // M-Th // 4DAYS // 6/20 // \$88  
83810-D  
10:30AM-1:30PM // M-Th // 4DAYS // 6/27 // \$88  
83810-E  
10:30AM-1:30PM // M-Th // 4DAYS // 7/11 // \$88  
83810-F  
10:30AM-1:30PM // M-Th // 4DAYS // 7/18 // \$88  
83810-G  
10:30AM-1:30PM // M-Th // 4DAYS // 7/25 // \$88  
83810-H  
10:30AM-1:30PM // M-Th // 4DAYS // 8/1 // \$88

## Evening Classes

### Junior Beginner Tennis

7+ Years // 1 Can of Unopened Balls

A fun class for beginners. Learn the forehand, backhand, serve and volley. Kids will play plenty of fun games.

Instructors: Kelly Langdon, USPTA and Staff

83503-A

5:30-7:00PM // W // 4WKS // 6/1 // \$72

83503-B

5:30-7:00PM // W // 4WKS // 6/29 // \$72

83503-C

5:30-7:00PM // W // 4WKS // 8/3 // \$72

### Advanced Beginner/Intermediate Tennis

12+ Years // 1 Can of Unopened Balls

Introduction to tactics and drills. Player development and fun are stressed.

Instructors: Michael Seybold, USPTA; John Schlidt, USPTA and Staff

83507-A

5:30-7:00PM // Th // 4WKS // 6/2 // \$72

83507-B

5:30-7:00PM // Th // 4WKS // 6/30 // \$72

83507-C

5:30-7:00PM // Th // 4WKS // 8/4 // \$72



## Adult

### Adult Beginner Tennis Clinic

1 Can of Unopened Balls

Just for adults! Learn basic strokes, scoring and strategy. Bring one can of new unopened balls to first class.

Instructors: Kelly Langdon, USPTA; John Schlidt, USPTA and Staff

83505-A

7:00-8:30PM // W // 4WKS // 6/1 // \$72

82505-B

7:00-8:30PM // W // 4WKS // 6/29 // \$72

82505-C

7:00-8:30PM // W // 4WKS // 8/3 // \$72

### Adult Advanced Beginner/Intermediate Tennis Clinic

1 Can of Unopened Balls

This class is for adults who want to build on existing skills. You will practice all shots and learn techniques and tactics.

Instructors: Kelly Langdon, USPTA; John Schlidt, USPTA and Staff

83506-A

7:00-8:30PM // W // 4WKS // 6/1 // \$72

83506-B

7:00-8:30PM // W // 4WKS // 6/29 // \$72

83506-C

7:00-8:30PM // W // 4WKS // 8/3 // \$72

### 4.0 Men's Open Drills

1 Can of Unopened Balls

This drill class is designed to work on both singles and doubles point play situations. Get a great workout while getting ready for your next match. A minimum of three (3) players is needed for the drill to make. Please call and register no later than 24 hours in advance. Players should contact the Hurst Tennis Center on Thursday to ensure the class will meet.

Instructors: Kelly Langdon, USPTA, Austin Wynne, USPTA and John Schlidt, USPTA

83444

7:00-8:30PM // TH // Weekly // 5/26 // \$12

## Attention Tennis Players!

Those looking for a steady practice partner can rent the Hurst Tennis Center's ball machine. It's available for rent seven days a week. The cost is \$10 per hour or \$6 for 30 minutes (tennis balls included). Due to court availability, please reserve the ball machine at least three days in advance.

## Taking Care of City Parks

We make sure our crews inspect our parks on a regular basis, however, litter and vandalism still may occur and additional maintenance may be needed between crew visits. The next time you visit one of our parks and you notice anything that needs attention, please notify the Parks Department at 817-788-7220. [www.HurstTX.gov](http://www.HurstTX.gov)

### Facilities

- A** Hurst Conference Center
- B** Brookside Center
- C** Hurst Library
- D** Hurst Senior Center

### Park Pavilions

Pavilions are available for rental for \$35 per day. If electrical power is needed during the rental, a \$50 REFUNDABLE electrical key deposit is due at the time of reservation. For more information, call 817-788-7320.



### 1 Cotton Belt Trail

7300 block of Precinct Line Road

- Railway Bridge
- The Hurst section of trail is one mile
- Shade

### 2 Echo Hills Park

500 Heneretta Drive // 7.1 Acres

- Pavilion
- Playground
- Jogging/Walking Trail System (1/3 mile)
- Picnic Tables
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

### 3 Hurst Athletic Complex

2104 Precinct Line Road // 42.2 Acres

- 4 Adult Softball Fields (Lighted)
- 6 Youth Soccer Fields (Lighted)
- 4 Youth Soccer Fields (Unlighted)
- Playground
- 3 Group Shelters
- 2 Concession/Restroom Buildings

### 4 Chisholm Park

2200 Norwood Drive // 50 Acres

- Aquatics Center
- 4 Youth Softball Fields (Lighted)
- 2 Playgrounds
- 3 Pavilions
- Pond with Fishing Island
- Picnic Tables
- Jogging/Walking Trail System (1.5 miles)
- Fitness Course
- Group Shelter
- Concession/Restroom Building
- 2 Basketball Courts (Lighted)
- 4 Pet Water Fountains

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## 5 Mayfair Linear Park

1725 Norwood Drive // 8.3 Acres

## 6 Smith-Barfield Park

640 Pleasantview Drive // 6.9 Acres

- Youth Baseball/Softball Field (Lighted)
- 2 Tennis Courts (Lighted)
- Youth Athletic Practice Field (Unlighted)
- Playground
- Pavilion
- Picnic Tables
- Restrooms
- 2 Pet Water Fountains

## 7 Mayfair Park

1725 Norwood Drive // 14.4 Acres

- Pavilion
- Playground
- Jogging/Walking Trail System (1/4 mile)
- Youth Athletic Fields (Unlighted)
- Pet Water Fountain

## 8 Windmill Park

840 W. Cheryl Avenue // 2 Acres

- Historical Marker

## 9 Valentine Park

610 Bedford Court West // 4 Acres

- Youth Athletic Practice Field (Unlighted)

## 10 Library Park

901 Precinct Line Road

- Pavillion

## 11 Hurst Hills Park

575 Billie Ruth Lane // 4 Acres

## 12 Heritage Village Park

841 W. Pipeline Road

- Historical Plaza
- Picnic Table
- 2 Decorative Water Fountains

## 13 Hurst Community Park

601 Precinct Line Road // 44.9 Acres

- 4 Youth Baseball Fields (Lighted)
- 2 Youth Soccer Fields (Lighted)
- 2 Sand Volleyball Courts (Lighted)
- Pavilion
- 2 Playgrounds
- Multi-Use Trail System (1 mile)
- Picnic Tables
- Wooded Natural Area
- Open Field Play Area
- Concession/Restroom Building
- 2 Group Shelters
- 2 Pet Water Fountains

## 14 Central Park

700 block of Mary Drive // 17.5 Acres

- Recreation Center
- Aquatics Center
- Tennis Center (10 Lighted Courts)
- 2 Pavilions
- Playground
- Picnic Tables
- 2 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

## 15 Vivagene Copeland Park

501 Pecan Drive // 5.2 Acres

- Pavilion
- Playground
- Multi-Use Trail System (1/3 mile)
- Open Field Play Area
- 3 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

## 16 Jaycee-Baker Park

500 Belmont Drive // 4.1 Acres

- Playground
- Picnic Tables
- Pavilion
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

## 17 Parker Cemetery

1308 Cardinal Lane

## 18 Billy Creek Park

161 Billy Creek Drive

## 19 Redbud Park

525 Redbud Drive // 7.2 Acres

- Soccer Field (Unlighted)
- Playground
- Jogging/Walking Trail System (1/3 miles)
- Picnic Tables
- Fitness Course
- Pavilion
- Pet Water Fountain

## 20 Bellaire Park

500 Pecan Drive // 6.4 Acres

- Playground
- Youth Baseball/Softball Field (Lighted)
- Jogging/Walking Trail System (1/3 mile)
- Pet Water Fountain

## 21 Wan-Ka-Kani Park

748 Shady Lane // 4.1 Acres

- Picnic Tables

## 22 Highway 10 Linear Park

188 Arwine Drive

- Hurst's undeveloped park land

## 23 Rickel Park

1001 Bluebonnet Drive // 29 Acres

- 2 Pavilions
- Picnic Tables
- Nature Trails
- Scenic Overlook
- Winding Stream with 2 Bridges
- Jogging/Walking Trail System (1/2 mile)
- Playground
- 2 Pet Water Fountains





City of Hurst  
1505 Precinct Line Rd.  
Hurst, TX 76054

PRESORTED STANDARD  
U.S. POSTAGE PAID  
HURST, TX PERMIT NO. 21

*Summer 2016*

## RECREATION CLASS SCHEDULE

The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities and services that encourage life-long learning, fitness and fun.

